



## **Overview of Adolescent Co-Occurring Disorders**

**Presenter:** *Dwight McCall, PhD, LPC*

*Director, Outpatient & In-home Services for Children & Adolescents, Region Ten Community Services Board*

**Course Description:** New scientific discoveries in the role of genetics and neurology in the areas of (a) adolescent brain development and (b) substance use disorders – PLUS – the move in our field toward treating Mental Health and Substance Use Disorders as “co-occurring” have turned the adolescent treatment world upside down (OK – they’ve tilted it several degrees). This workshop will provide an update in the area of adolescent brain development as it relates to understanding and providing clinical intervention with “co-occurring” disorders. Then – as if that wasn’t enough! – the workshop walks you through a four-stage model of providing treatment to adolescents (and their families). The opportunity for group consultation will be included in the course. Come with an adolescent case in mind and be prepared to review your intervention plan in light of these new facts.

### **AGENDA 6 contact hours**

- Characteristics of co-occurring disorders
- Develop initial treatment plan for your case (no identifying information please)
- Adolescent brain development
- Impact of drug use on the adolescent brain
- Impact of drug use with other Mental Health disorders
- Treatment of adolescent Co-Occurring Disorders
- Gender-specific treatment
- Revisit treatment plan for your case
- Staff other cases, time permitting

### **Registration Details**

Date: Thursday, November 12, 2009 8:30 am – 4 pm Lunch is on your own.

Location: 500A Conference Center Old Lynchburg Road Charlottesville, VA 22903

**No cost for Region Ten staff.**

**Non-staff fee of \$15** payable by check to Region Ten CSB/ RU 727 or

MC/Visa/Discovery card onsite day of training. Once confirmed, registration is non-refundable. Please send a replacement to avoid a fee if unable to attend.

**Register with: Missy Rand Barker [mbarker@regionten.org](mailto:mbarker@regionten.org) 434.970.1355**