Amherst Counseling Center

114 Lexington Turnpike, Suite 200 Amherst, Virginia 24521 (434) 946-2316

Appomattox Counseling Center 1010 Farm Road • Appomattox, Virginia 24522 (434) 352-8239

Bedford Counseling Center 1700 Whitfield Drive • Bedford, Virginia 24523 (540) 586-5429

Campbell County Counseling Center 37 Village Highway • Rustburg, Virginia 24588 (434) 332-5149

Lynchburg Offices

Courtland Center • 620 Court Street Lynchburg, VA 24504 (434) 847-8035

Landover Center • 2235 Landover Place Lynchburg, VA 24501 (434) 847-8000

EMERGENCIES:

24-hour emergency service. Monday-Friday, 8:30 a.m. – 5:00 p.m., Call any of the offices listed below. All other hours: (434) 845-9404

REFERRALS: All Lynchburg referrals are accepted by the Access Team at (434) 847-8035. For county services, call the center where services are desired

FEES FOR SERVICE: We accept direct payment for services as well as third-party payments, including Medicaid and Medicare. For uninsured clients who live within our service area, payments are calculated on a sliding scale. In all cases, the intake process includes completion of a financial agreement.

Central Virginia Community Services

2241 Langhorne Road • Lynchburg, VA 24501 (434) 847-8050 (Administrative Offices) *For concerns or compliments, call:* CVCS Compliance Department, (434) 847-5901 *WWW.cvcsb.org*

ADULT & FAMILY SERVICES





Life-Changing, Quality Care, When and Where You Need It

The father of two small children fails a drug test at work. A college student makes a suicide attempt. A capable young man with intellectual disability and diabetes struggles to find a support system. A woman with a drinking problem discovers she is pregnant. An elderly couple is threatened by their mentally ill daughter. A recovering addict tests positive for HIV. A repeat offender ignores his medication and ends up back in jail.

For individuals and families seeking help, Central Virginia Community Services offers a professional, community-based network of both urgent and long-term support. Our intervention, treatment, supervised housing, rehabilitation, and after-care programs deliver the right level of behavioral healthcare services to people in need.

Our goal is to promote the health, independence, and self-worth of our clients and the people who care about them. We serve adults with mental illness, drug and alcohol abuse problems, intellectual disability, or any combination of these challenges and disabilities.

Look inside for a complete list of our services.

We're here to help

Clinical Program	Population	Typical Case	Description	Contact/Location
Access	Adults with mental health disorders and substance use disorders	Adults needing new services for problems with mental health, substance use or developmental disability	Intake for all mental health and substance use disorder services provided in Adult & Family Services	434-847-8035 To schedule an appointment at any site, call the number above.
Case Management	Individuals with intellectual disability, mental health, substance use disorder or any combination of these	An individual who has difficulty navigating through social service agencies and needs help securing social support, housing, food, medication, medical care, transportation, etc.	Case management focuses on intensive outreach, education, monitoring, advocacy, linking, and needs assessment with the goal of enhancing coordination of service delivery.	434-847-8000 In office, consumer's home, community, and local hospitals.
Crisis Stabilization Residential Services	Adults with a serious mental health disorder who need 24/7 temporary care to be stabilized	An adult struggling with chronic mental illness who cannot be stabilized through regular outpatient services but does not yet need psychiatric hospitalization.	10-bed residential treatment of up to 15 days focused on returning the individual to an improved level of functioning	434-847-8035 Courtland Center, Lynchburg After 5, call 434-455-2098
etoxification ervices	Adults with substance use disorder	Those suffering from the disease of addiction with or without an additional diagnosis of mental illness.	Medical detoxification from substances in a short-term residential setting. Treatment for withdrawal syndrome caused by alcohol, cocaine, amphetamines, opiates, benzodiazepines, and marijuana	434-847-8035 Courtland Center, Lynchburg
mergency Services	Adults experiencing a mental health or substance use crisis	Adults who are at risk of harming themselves or others showing a marked deterioration in functioning or ability to care for themselves.	Intake, mental health assessment, crisis intervention services and prescreening for hospitalization. Emergency services are available 24/7.	434-847-8035 Walk-in services provided at 620 Courtland Center, Lynchburg, 24504 Services also provided at area hospitals, homes and jails.
Haley Center	Adults with mental health disorders, including those also diagnosed with intellectual disability or substance use disorder.	A person with mental illness, sometimes in combination with another disorder, who requires daily medication supervision and assistance with daily task,s such as grocery shopping and budgeting.	Offers intensive services, including group treatment, through case management and mental health supports to promote independence and community living. Assists individual's transition from the state hospital into the community.	434-847-8030 Majority of services are provided in the consumer's home.
Hudson House	Adults with mental health disorders.	Individuals experiencing mental health issues who are working on their recovery process.	Psychiatric rehabilitation services which assist individuals in developing vocational and socialization skills. Services provided in a clubhouse setting.	434-847-8031 2420 Woodrow Street, Lynchburg
Jail Diversion and Forensic Services	Adults with mental health disorders who are involved with the legal system	A person with mental health disorders who has committed crimes and been prosecuted	Case management, mental health screenings, restoration and collaboration with law enforcement and criminal justice services.	434-847-8000 Landover Counseling Center Jail settings, state hospitals and in-office
Outpatient Services	Adults with mental health disorders and/or substance use disorders	Adult experiencing difficulties with substance use or mental illness affecting personal relationships and work performance.	Individual, group and family therapy. Intensive Substance Abuse Outpatient program, Continuing care program, Virginia Alcohol Safety Action Program, HIV testing and education.	434-847-8035 CVCS offices, Landover Center and Courtland Center
Project Link	Pregnant or postpartum women using alcohol or drugs	A pregnant or postpartum woman who is abusing alcohol or drugs	This treatment program integrates prevention, early intervention, and treatment services with health care and other support.	434-847-8035 Doctors' offices, hospitals and Courtland Center
Program of Assertive Com- munity Treatment (PACT)	Adults with Serious Mental Illness	An adult who has been struggling to manage his/her mental illness but can maintain independence when provided with extra support.	PACT is "a hospital without walls", an intensive 24/7 community-based program that offers the highest level of outpatient in-home services to preserve a person's independence in the community.	434-847-8035 Courtland Center, Lynchburg
Psychiatric and Nursing Services	Adults who are currently receiving CVCS services	An individual with a serious and persistent mental health disorder, a substance use problem, an intellectual disability or combination of these.	Includes psychiatric evaluations, tele-psychiatry services, medication management, medication monitoring, and assistance in obtaining low cost psychiatric medications, as needed.	434-847-8035 CVCS offices (Courtland Center, Landover Center ,Haley Center, and CVCS offices)
Specialized Housing Services	An individual with intellectual disability, mental health disorder or a combination of these.	Nine homes, including three intermediate care facilities and one home for adults with mental illness who need a 24/7 supervised living environment, with support and training in areas of daily living and self help skills.	Providing housing and residential services to enhance or maintain independence and participation in the community.	434-847-8000 Landover Center Timothy & Bethany
Virginia Wounded Warrior	Qualified Combat Veterans	Combat veterans with Post Traumatic Stress Disorder or traumatic brain injury (TBI) sustained on active duty/ training exercise and families of these combat veterans (living or deceased).	This program is made possible through a grant from the Department of Veteran Services (DVS) which enables local Peer Specialists to work with veterans.	434-455-2080 Courtland Center
Wellness & Recovery Center	Adults living in the community impacted by mental health disorders and substance use disorder	An adult in the community affected by mental illness in need of a support system.	Independently operated, drop-in, peer-run, self-help, education and social program. This program is self sustaining and operated independently of CVCS.	434-947-2662 618 Court St, Lynchburg