

Region I UMT Meeting  
Friday, June 3, 2016  
Region Ten CSB

There were 18 attendees, including: Fran Schaller (Horizon ES), Anna Tuomisto (WSH), Stephanie Hepler (AHCS), Robert Tucker (VCSB), Ellen Dotas (Sentara RMH), Molly Yates (Region Ten), Mary Begor (DBHDS), Juliann Smith (RACSB), Melanie Sheppard (RRCBSB), Lisa Tungate (Augusta Health), Debra Pulaski (RRCBSB), Tiffani Ashland (NWCSB), Jacque Kobuchi (RACSB), Mary Schlimm (R10 Wellness Recovery), Denise Janocka (HRCBSB), Dennis Vaughn (HPR I), Jessica Lawrence (HPR I).

1. **Welcome/Introductions:** The participants introduced themselves to one another before the beginning of the meeting.
2. **Additions or Changes to the Agenda:** Ms. Smith wished to discuss diversions to Northern Virginia and the possible complications that arise because of this. Ms. Tuomisto added that WSH must be 100% full for a diversion.
3. **Discussion of State Hospital Utilization Reduction Funds:** Mr. Vaughn reported that the region has been awarded 1.3 million to reduce state hospital utilization. He added that there are few restrictions on how the money can be used, and that he has been meeting with groups to discuss how this money can be spent. He asked the group for their ideas. The group discussed the possibilities of crisis prevention, staffing, and incentives for staff willing to take on tough jobs.
4. **Review of UMT Minutes from April:** Mr. Vaughn asked if any changes are needed to the UMT minutes. No changes were needed.
5. **Regional LIPOS Contract Update:** The current LIPOS contracts will be extended with a 3 month renewal. There will be a new contract in place on October 1<sup>st</sup>. Mr. Vaughn provided a copy of the data points to be collected on the new monthly data report.
6. **REACH/REACH Child Crisis Project Updates:** Mr. Vaughn said that the region is still working to replace Ms. Paysour's vacated position. The proposed after-hours structure for the Child Crisis program was rejected.
7. **HPR I Regional Initiatives Director Report**
  - A. **LIPOS:** Ms. Andrews noted that Alleghany-Highlands CSB has not utilized LIPOS funding for their consumers because most have insurance.
  - B. **ES Activity and Exception Report Data:** Mr. Vaughn reported that in April, HPR I saw 42 exceptions. 33 of these were last report placements, and of 10 TDOs with no ECO, 8 of these involved children or adolescents. Mr. Tucker pointed out that the percentage of ES evaluations that result in a TDO may be higher for CSBs who include the number of individuals from REACH Child Crisis.
  - C. **DAP/RUMCT Update:** The WSH Census Management meeting was held on May 13<sup>th</sup>, and there were 39 individuals from the region on the EBL. Ms. Tuomisto added that many of these individuals are clinically ready to leave, but due to financial reasons or problems with placement, they cannot leave the hospital.
8. **Regional Program Utilization Reports and Updates:** Ms. Schlimm reported that Wellness Recovery is staying busy working toward their 4-bed TDO unit with 24-hour security. Staff is currently being hired and trained. They are slated to open in July.

9. **Aggregate Data for WSH and CSBs:** Ms. Tuomisto reports that WSH is very full over the weekend, and there were cases of divert to Northern Virginia. There was discussion of how divert can cause complications for legal issues and safety concerns.
10. **State Hospital Updates:** Ms. Tuomisto noted that WSH has had a tumultuous month. RAC prioritizes the cases for admissions.
11. **CCCA Updates:** Admissions data through April 30<sup>th</sup> was presented to the group.
12. **Private Hospital Updates:** Ms. Dotas reported that Sentara RMH has implemented a new electronic record.
13. **CSB Updates:** Ms. Smith reported that a Navigator position is newly vacant at Rockbridge Area CSB.
14. **DBHDS Updates:** Ms. Begor stated that DBHDS needs to know if there are any issues with state facilities and gave the group the after-hours number for reporting.

The meeting was adjourned at 11:50 am. The next UMT meeting will be held on August 5, 2016 at Region Ten CSB.