

SARAT
April 13, 2016
Region Ten CSB

1. **Welcome/Introductions:** The meeting was called to order at 10:30am. There were twelve attendees, including Susan Pauley (DBHDS), Debra Pulaski (RRCBSB), Nicole Curtis (VCSB), Stephanie Hepler (AHCSB), Mary Schlimm (Region Ten), Regina Fitzgerald (HBH), Christy Cacciapaglia (WSH), Nancy Haden (NWCSB), Tracy Koblisch (HRCSB), Jennifer Lemich (RACSB), Brian Suchocki (Region Ten), Harry Hurst (HRCSB), and Dennis Vaughn (HPR-I).
2. **Additions or Changes to the Agenda:** Ms. Cacciapaglia wished to discuss the increase in SA admissions to Western State Hospital and the resulting bed shortage. There was discussion of encouraging prescreeners to call SA treatment when looking for beds. Mr. Vaughn pointed out that those receiving LIPOS funding cannot go to SA treatment
3. **Process for AMA Dispositions:** Ms. Lemich discussed the current challenges concerning AMA dispositions, bringing up an example of a patient deciding to leave treatment on a weekend when professional staff is not present, and proper follow-up appointments are not being made.
4. **DBHDS Update:** Ms. Pauley gave the following updates.
Status of admissions to regional programs: . Ms. Pauley assured the group that SARPOS funding is not the only resource and suggested the use of any funds that are not already restricted for other purposes. She encouraged those present to utilize funds for SA emergencies as appropriate and as needed.
MAT clients with opiate use: Ms. Pauley reported that Virginia is now a standing-order state for CVS, and patients who require naloxone can now obtain it from CVS with no prescription. If the patient does not have documentation, the pharmacist can give education on-site.
REVIVE: The REVIVE Coordinator position is being re-advertised. The Department is currently looking at how to educate staff concerning the use of naloxone for treatment. Ms. Haden inquired if empty capsules for the kits could be sent to Winchester. Ms. Pauley answered that trainers can contact the department for these. The group discussed the use of pens and nasal sprays for the kits as well.
5. **REACH Update:** REACH data points can be found on pages three and four on the handout. It was noted that more calls were received after-hours than during business hours, and it was also noted that there has been an increase in referrals overall.
6. **Boxwood Detox/Mohr Center Updates:** Mr. Suchocki noted that the decline in admissions is due to the fact that MAT is cost-prohibitive, and family support is hard to obtain as well. Mr. Suchocki also explained that the past operations of the Mohr Center are an issue, and he said that there is a need to inform the public that the Mohr Center is now a professional treatment center.
7. **Regional Program Utilization Reports:** It was noted that the utilization numbers for February and March are very low. Mr. Vaughn informed the group that he was asked to send out a survey to each CSB to inquire about the status of SARPOS funding. It is estimated that sixty-three

percent of the region's SARPOS funds have already been spent this fiscal year. The group then discussed issues related to costs and programs which accept GAP funding.

Regional Program Updates:

- 8. Aggregate Data for WSH and CSBs for February:** Ms. Cacciapaglia reported that there were 77 admissions in the month of March, and WSH has improved the wait time for individuals in jails.
Civil and Forensic TDO Admissions
Admissions and Recommitment Hearings by Board
- 9. WSH Updates:** Ms. Cacciapaglia reported on the proposed expansion project.
- 10. CSB Updates:** Ms. Schlimm reported that construction has been underway for renovations for The Wellness Center, and reported that she is excited about the changes to come.

The meeting was adjourned at 12:00 pm. The next meeting will be held on June 8, 2016 at Region Ten CSB.