**Hampton Newport News Community Services Board**

**South-Eastern Family Project (SEFP)**

 

**WHO ARE WE?**

SEFP is a licensed substance use disorder residential treatment program for pregnant and recently post-partum women and their infants. The program works with residents to build a stable and healthy lifestyle, provides recovery support services, parent education and counseling, and planning for community re-integration. We are a program of the Hampton-Newport News Community Services Board located in Newport News, Virginia

**WHAT ARE SEFP’S OVERALL GOALS?**

* To provide gender specific treatment services based upon the clinical need.
* To improve pregnancy, stabilization and recovery outcomes for women enrolled in treatment.
* To have infants born healthy without the effects of substance use.

**WHO CAN ENROLL INTO SEFP?**

SEFP is open to pregnant and recently post-partum Virginia residents who are at least 18 years of age and have a primary diagnosis of substance use disorder.

**CAN I ENROLL IMMEDIATELY?**

Bed Availability fluctuates on a daily basis. Please contact us to discuss availability.

**WHAT ARE SOME OF THE SERVICES OFFERED AT SEFP?**

* Education on recovery and relapse prevention
* Substance use disorder and co-occurring mental health education (group and individual)
* Evidenced-based treatment addressing the unique needs of women with substance related disorders
* Trauma Informed Care
* Peer Recovery Support services
* Direct linkage to medication assisted treatment services
* Comprehensive case management services
* After care planning, community support, and linkage to needed resources

**HOW LONG CAN I RESIDE AT SEFP?**

The program is designed to serve the residents based on individual need in a person-centered treatment environment, which encourages stabilization.

**For information about SEFP, please see our program’s site at** [**https://sefp.org**](https://sefp.org) **or call/email us for additional information:**

**Phone: 757-245-1070**

**Emai**l: **sefpinfo@hnncsb.org**