

April 2023

Monday

Tuesday

Wednesday

Thursday

Friday



Blue Ridge Center Monthly Calendar Open Monday-Friday 9am -4pm 100 Burnet Street



3	4	5	6	7
9:30 Coffee and Conversation 10am BRC Alumni 11am Mandalas 12pm Meditation 1pm Acudetox 2pm Community Resources 3pm Walking/Craft Group	9:30 Coffee and Conversation 10am BRC Alumni 11am Life Management Skills 12pm Meditation 1pm Acudetox 2pm Community Resources	9:30 Coffee and Conversation 10am BRC Alumni 11am BRC Introduction Group 12pm Meditation 1pm Acudetox 2pm BRC Introduction Group	9:30 Coffee and Conversation 10am BRC Alumni 11am Community Resource Group 12pm Meditation 1pm Acudetox 2pm WRAP 3pm BRC Introduction Group	9:30 Coffee and Conversation 10am BRC Alumni 11am Distress Tolerance Group 12pm Meditation 1pm Acudetox 2pm Community Resources 3pm Money Management
12	11	12	13	14
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17	18	19	20	21
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24	25	26	27	28
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