



Recovery PROGRAMS



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NATIONAL ASSOCIATION
OF
ADDICTION TREATMENT PROVIDERS

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OVER 30 YEARS

For over thirty years, Farley Center has helped men and women begin a new life of purpose in recovery. We offer multiple levels of care to address a wide spectrum of individual needs.



Professionals Program

Farley Center at Williamsburg Place has a rich history of treating high-functioning professionals. We are recognized as one of the pioneering treatment facilities in the country, helping licensed individuals with sophisticated defense mechanisms learn how to cope with life stressors without misusing alcohol or other addictive substances.

Treating these individuals in a cohort-specific setting eases self-disclosure and facilitates the subsequent repair of damage from substance-related behaviors. As we help clients build skills to better cope with demanding careers, we create a treatment setting that recognizes their professional status while maintaining universal recovery principles.

Professionals Served

- * Physicians
- * Nurses
- * Dentists
- * Pharmacists
- * Veterinarians
- * Allied Health
- * Executive Positions
- * Military Leadership
- * Attorneys
- * Pilots

Health Monitoring

Our long-standing relationship with state professional health monitoring programs has allowed professional clients to transition from treatment back to their communities and regain status in their field.

Issues Addressed

- * Licensure
- * Career Management
- * Professional Re-entry

We recognize our services are a stepping stone to our clients' sobriety. In offering flexible treatment and financing options for clients at Farley Center, we work toward greater success with long-term recovery.



Inpatient Addiction Treatment

We treat addiction as a disease, helping clients develop relapse prevention strategies, acquire coping skills, and involve their families in recovery goals. The length of stay is variable, averaging around 45 days, and includes detox, cognitive behavioral therapy, pharmacotherapies, and 12-Step based programs.

Detox

As alcohol and drugs differ in their effects, so too does the withdrawal from these substances. Farley Center recognizes the need for a safe and comfortable withdrawal process by providing a physician-driven, medically monitored detoxification that includes an interdisciplinary staff of physicians, nurses, and counselors.

Intensive Outpatient

Farley's intensive outpatient program allows clients to continue working, maintain their current living situation, and improve their relationships - all while receiving services right in their community. The program is open to adults 18 and older who have a substance use disorder with possible co-occurring psychiatric conditions and who experience significant impairment in their daily functioning.

Specialty Therapies

Pain Management Group

Many people who are addicted were initially prescribed the drugs for chronic pain. Once completing detox, the original pain symptoms can reoccur. We use meditation and movement therapies to teach clients to manage chronic pain in recovery.

Empowerment

Gender-specific classes can help people develop self-esteem and rebuild their identity.

Nutritional Counseling

Guidance in nutritional counseling is provided by registered dietitians to highlight the benefits of maintaining physical health in recovery.

Military Group

Farley Center provides specialized group therapy for active and retired military members and offers peer support led by an experienced therapist.



EMDR Trauma Therapy

Unaddressed trauma is a common problem for people with substance use and mental health disorders, and treating trauma is essential to maintaining long-term recovery. Farley Center provides an evidence-based therapy known as Eye Movement Desensitization and Reprocessing (EMDR) to clients who need trauma treatment.

Spirituality

By incorporating spirituality, group therapy helps reconnect clients with their Higher Power.

Experiential Therapy

Experiential therapies benefit individuals through creative self-expression, physical movement, and introspection. Farley Center clients can take part in art, music, and equine therapies. Movement therapies like Yoga of 12-Step Recovery (Y12SR) help to address trauma, enhance 12-Step mindfulness, and unite body, mind, and spirit.