

DISCRIMINATION SERVICES

- **Legal Aid Justice Center:** 977-0553; 1000 Preston Ave #A. Consultation for discrimination, civil rights, immigration.
- **Central Virginia Legal Aid Society:** 296-8851; 103 E Water St Suites 201 & 202. Legal consultation for evictions, foreclosures, sexual/domestic violence. cvlas.org/get-help/.
- **Office of Human Rights:** 970-3023; 507 E Main St. Call.

OTHER SUPPORT

- **Home to Hope:** 970-3601, 507 E Main St. For Cville residents recently released; resource navigation.
- **Love INC:** 977-7777. Emergency resource referral. Office open, <https://loveincville.org/request-help>
- **OAR:** 296-2441. Safe incarceration alternatives/services, post Incarceration-Reentry Services and Assistance.
- **JABA Senior Helpline:** 817-5222. Direct service to older adults and caregivers. Medicare / ACA counseling (all ages).
- **One Stop Shop Cville:** Monthly services for those recently released from incarceration. www.onestopcville.org
- **Assurance Wireless Free Phone Program:** 888-321-5880. Apply online at <https://www.assurancewireless.com/>
- **The Fountain Fund:** 234-3600. Loans to those formerly incarcerated. www.fountainfund.org/loan-inquiries
- **Piedmont Housing Alliance:** 817-2436. Resources for renters. Call or go to <https://piedmonthousingalliance.org/>
- **New Eyes Glasses:** Free lenses with a prescription. <https://new-eyes.org/application/>
- **Dominion EnergyShare:** 295-4058, Energy assistance.
- **ACERP:** 972-4010, Emergency rent and utilities assistance.
- **Big Brothers Big Sisters:** Youth mentorship. www.blueridgebigs.org/enroll-a-child
- **Blue Ridge Bail Fund:** 540-300-2796. Helps those held pre-trial on secured bond in the greater Shenandoah Valley.
- **Crozet Cares Closet:** Distributes personal hygiene and household cleaning products. 1st Sat of the month from 9-11 AM at 7585 Rockfish Gap Turnpike, Greenwood
- **Start a Spark:** Provides free quality firewood for heat in the winter. startsparkofcva.org/apply-for-assistance

NEED MORE INFO?

Use this QR code to open a webpage or go to:

<https://bit.ly/charlottesvillestreetsheet>

More: <https://bridge2resourcesva.org/?ref=streetsheet>



SCAN ME!



LITERACY / GED

- **Thomas Jefferson Adult Career Education (TJACE):** 961-5461. GED prep, family literacy, ESL, and career readiness training.
- **Literacy Volunteers:** 977-3838; 233 4th St NW (Jefferson School). Tutoring in reading, writing, English as 2nd language, and citizenship. Additional resources online (literacyforall.org)
- **Sin Barreras:** 531-0104; GED prep in Spanish, ESL classes, and citizenship classes. Email info@sinbarrerasville.org

VETERAN SUPPORT

- **VA Medical Center:** 293-3890; 590 Peter Jefferson Pkwy #250.
- **Supportive Services for Veteran Families:** 804-788-6825. Rapid rehousing & supportive services. Offices closed, call for services.
- **Virginia Department of Veterans Services:** 529-6431; 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Appointments available.
- **Warrior's Heart:** 888-396-2759. Milford, VA. Provides in-house substance abuse treatment for veterans and first responders. Call.

EMPLOYMENT

- **Virginia Employment Commission:** 1-866-832-2363. Call or go online (www.vec.virginia.gov/unemployed/online-services) to file for unemployment. For pandemic claims call 866-835-6058.
- **Goodwill Industries of the Valley:** 1-540-581-0620. Free virtual job training & career coaching. Register online.
- **Downtown Job Center:** 970-3933, 507 E Main St. Open 9 am to 5 pm. Go to www.charlottesville.gov/209/Downtown-Job-Center.
- **Network2Work 961-5255 and Virginia Workforce Center One-Stop 282-2594:** Both are open and accepting clients.
- **Virginia Workforce Connection:** Resume building, job search, interview skills, and more. Go to: www.vawc.virginia.gov/vosnet
- **Department for Aging and Rehabilitative Services:** Check <https://www.dars.virginia.gov/> for employment services.
- **Pipelines & Pathways:** Helps with entry-level employment at UVA. uvapipelines@virginia.edu or 962-3996.
- **Virginia Career Works – Piedmont:** Supports job seekers. Apply online at vcwpiedmont.com/careerseekers/wioa/

CLOTHING

- **Salvation Army Thrift Store:** 605 Cherry Ave.
- **CVBA Clothing Center:** 977-6876. 815 Boiling Ave. \$6.00 per bag. Free to clients with a referral. Mon 10-2 pm, Tues & Sat 10-12 pm.
- **Twice is Nice Thrift Store:** 923B Preston Ave & 918 Preston Ave.
- **Green Olive Tree:** 823-4523. Open 11-4pm Monday-Saturday.
- **Cville Sock Love:** 919-602-3974. Delivers socks to individuals and organizations. Call or email: cvillesocklove@gmail.com
- **Immanuel Children's Clothing Closet:** 416 Jefferson Park Avenue. first Saturday of the month from 12-2 pm. Free.
- **First Church of the Brethren Adult & Children's Clothing:** 1225 Rio Road East. Third Saturday of the month from 2-3 pm.
- **Church of the Good Shepherd Clothes Closet:** 500 Church Street. Saturdays from 10 am to 12 pm. Adult clothing and some personal care items. Enter from parking lot. Free.

STREET SHEET – Resources in Charlottesville/Albemarle

Version 32. Last updated: 5/9/25.

This is an updated list of local resources. All phone numbers are area code 434 unless noted otherwise. For more info, use the QR code to check webpage.

PUBLIC MEALS

- The Haven; 112 W Market
- Salvation Army; 207 Ridge St

Breakfast	Lunch: 12-1pm	Dinner
Mon-Sun 7:30am @The Haven	Mon @First United Methodist Church Tues @Christ Church Wed @First Presbyterian Thurs @Holy Comforter Fri/Sun @The Haven (Sun at 11 am)	
Mon-Sat 8am Sun 9:15 am @Salvation Army	Sat 12 pm @Salvation Army	Mon-Sat 5:15pm Sun 4 pm @Salvation Army

HOMELESS SERVICES

- **Salvation Army Emergency Shelter:** 295-4058; 207 Ridge St. Adults only; Call 8-4, no walk-ins, no intake after 4 pm
- **Homeless Information Line:** 207-2328. Call if currently or at risk of experiencing homelessness within the next two weeks. Returns call within 7 days.
- **The Haven:** 973-1234, 112 W Market. Day shelter; breakfast, laundry, showers, etc.
- **PACEM:** Low-barrier emergency winter congregate shelter for adults. Check pacemshelter.org/get-help/.
- **Shelter for Help in Emergency (SHE):** Hotline: 293-8509. Domestic violence shelter. Open to new guests.
- **ReadyKids – Runaway Emergency Services:** Hotline 972-7233. Call for resources.

RESOURCE NAVIGATION

- **Virginia 211:** Free 24/7 service connecting people with resources. Call or open a live chat online. 211virginia.org
- **Community Resource Line:** 833-524-2904. Call for help with community resources 9-5 Mo-Fri.
- **The Hub:** Church-run resource assistance. Call online at thepointva.com/the-hub-assistance.

EMERGENCY FOOD

- **Emergency Food Network:** 979-9180; 900 Harris St. 3-day supply, 1x/mo. Call 9am-12pm Mon, Wed, or Fri to request, then pick-up 1:30pm-3:30pm.
- **Loaves and Fishes:** 996-7868; 2050 Lambs Road. 7-10 day supply, 2x/mo. Drive-through pick-up on Wed (2pm-4pm), Thurs (6:30pm-8:30pm), and Sat (10am-12pm). Groceries by Appointment 3:00 - 7:00 PM on Tues. <http://cvilleloaves.org/>
- **B.F. Yancey Community Center:** 7625 Porters Rd, Esmont, VA. 2nd Sat/mo & 4th Fri/mo, 5-7pm. Drive-up.
- **Blue Ridge Area Food Bank:** 1207 Harris St. Walk-in food pickups M-Th, 1:30 to 3:30 as one-time emergency food
- **Georgia's Friends:** Canned food and hygiene products on the 1st & 3rd Weds/mo 10-2 pm; 318 Dice Street. 284-7817.
- **Little Free Fridge Cville:** 411 E Main St & 1740 Broadway St. Community stocked fridges; open 24/7.
- **Abundant Life:** 782 Prospect Avenue. 1st and 3rd Tuesday of every month: Walk up for groceries.

Church-based Food Pantries:

- **Church of the Incarnation:** 465-2671; 1465 Incarnation Dr. Sun 1:30-3:30pm. Do not need to pre-register.
- **Church of our Saviour Episcopal:** 1165 Rio Rd E. Mon, Wed, & Fri 10:30-12pm. Each patron must supply a picture ID.
- **St. Paul's Episcopal Church:** 851 Owensville Rd. 3rd Wed/mo, 3:30- 5:00 pm. Must reside in Western Albemarle. Open; call 979-6354 to request.
- **Unitarian Universalists:** 717 Rugby Rd. 1st Fri/mo 9:00-10:00am (sign-in at 8am at 703 Rugby Rd).
- **New Beginnings Christian Community:** 1130 E Market St. Mon, Tue, Fri. 1-4 pm. Call 249-5691 to request.
- **Buck Mountain Episcopal Church:** 4133 Earlysville Road, Earlysville, Virginia 22936. Fourth Tuesday/mo 3-5pm; Second Wednesday/mo 3-5 pm. Call 973-2054.
- **Belmont Baptist Church:** 830 Monticello Ave: 977-6876. From 10:30am to 12 pm every Friday
- **Come As You Are Cville @MVMNT Church:** 309 Hillsdale Drive. From 12 to 1:30 every Friday.
- **Holy Comforter Catholic Church:** 208 E Jefferson St. 10:30 to 12:30 every Mon, Tues, & Wed.

Food Delivery Services:

- **JABA Home Delivered Meals:** 817-5244. Meals for low-income seniors. Call the helpline.
- **Meals on Wheels:** 293-4364. Hot lunch deliveries to homebound individuals. Apply at <https://www.cvillemeals.org/>

SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See Homeless Services
- **Sexual Assault Resource Agency (SARA):** Office textline: 295-7273; 24 hour hotline: 977-7273. 335 Greenbrier Dr. Resources for sexual assault survivors and bystanders.
- **UVA Maxine Platzer Lynn Women's Center:** 982-2361. Offer counseling services, a legal clinic, and information.

MENTAL HEALTH & SUBSTANCE USE SUPPORT

- **Virginia 988:** Call or text 988 24/7 to reach a trained crisis worker if experiencing mental health distress. Entry point to Crisis Services
- **Region Ten:** Mental Health & Substance Abuse Services 972-1800, M-F 8:30am-5pm. 24/7 crisis lines: 972-1800 / 230-9704. Free Acuwellness treatment and mental health support offered at Blue Ridge Center 100 Burnet Street M-F 9am-4pm
- **On Our Own:** 979-2440; 123 4th St NW. Peer-driven mental health and addiction recovery programming. Building open 10-5.
- **Teen Crisis Hotline:** 972-7233. Support services for youth. Call hotline to set up online counseling.
- **Women's Initiative:** 872-0047. Counseling and support services for women/transgender women. Free call-in and walk-in clinic available, see website for hours: thewomensinitiative.org.
- **Mental Health Association Virginia Warm Line:** 866-400-6428. Peer-run support line for individuals or concerned others.
- **Grief Share:** 978-7788. Grief support group on Wednesdays at 6pm at City Church. <https://www.griefshare.org/groups/181676>
- **ReadyKids:** 296-4118. Counseling for teens. Find Counselors: docs.google.com/spreadsheets/d/1seTomlg_yqcOzf5Ike1q59LBP18yvSDyAMAd1TAbKok/edit?usp=sharing
- **NAMI Blue Ridge:** 260-8127 / 540 Belvedere Blvd. Provides mental illness support and resources for loved ones.
- **Empowering Families Program:** 971.8454. Offers a Substance Abuse Intensive Outpatient Program. Call.
- **Addiction Allies:** 400-9668. Suboxone clinic, online counseling (substance use & mental health) and partial hospitalization. Accepts Medicaid, Private Insurance, and Self Pay. No referral needed, Call or go to <https://www.addictionallies.com/contact>
- **Addiction Recovery Systems:** 220-0080. 103 S. Pantops Dr. Methadone & Suboxone treatment center, counseling. Accepts Medicaid & Medicare. No referral needed. Call for screening.
- **Online addiction peer support meetings:** SMART Recovery <https://meetings.smartrecovery.org/>; **Alcoholics Anonymous** 293-6565; **Narcotics Anonymous** 800-777-1515, piedmontvana.org; **Al-Anon** cvillealanon@gmail.com, 972-7011; **Al-Ateen** 972-7011; **In the Rooms:** intherooms.com
- **Office Based Opioid Treatment UVA clinic (OBOT):** 924-2241 Medication-assisted treatment with counseling services. Call.
- **UVA Clear Substance Use Helpline:** 844-435-7882. Offers confidential, free consultations for VA residents.
- **Compass Behavioral Solutions:** Comprehensive home and clinic-based behavioral health services. Request online. Accepts Medicaid. compassva.com/request-services/charlottesville/

TRANSPORTATION

- **JAUNT:** 296-3184. Rides for those with disabilities.
- **CAT Charlottesville Area Transport Bus System:** 970-3649. Free Transportation. (**MicroCAT:** 442-2466)
- **Medicaid Cabs:** Non-Emergency Medical Transportation Services.
- **Community Bikes Cville:** Free bike through referral.
- **PATH:** 888-879-7379. Transportation helpline serving Region Ten. Call 8:30-5 pm Mon-Fri or leave a message. pathva.org.

SOCIAL SERVICES

- **Virginia Dept of Social Services:** Go online commonhelp.virginia.gov/ or call: 855-635-4370 to apply for benefits or 855-242-8282 to apply for Medicaid. For other needs, call 970-3400 (Charlottesville) or 972-4010 (Albemarle). Assistance applications can be filed online or in person: 120 7th Street NE.

WOMEN'S & FAMILY HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 296-1000; 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more.
- **Whole Woman's Health:** 973-4888; 2321 Commonwealth. Abortion services, birth control, STD tests, emergency contraception, pregnancy tests, etc.
- **Blue Ridge Abortion Fund:** 963-0669. Funding for pregnant individuals who cannot afford abortions.
- **Donor Diapers:** 214-0345. Jefferson School City Center Loop, 233 4th St NW. Monthly diaper & wipe giveaways. Next: 5/18, 6/8, 7/20, 8/17, & 9/21 from 2-3pm.
- **VA Sexual Assault and Family Violence Line:** Available 24/7: 800-838-82389. Referrals to local advocates.
- **Stepping Stone:** Supports children from under-resourced families. Requires referral. www.steppingstonecville.org/
- **VBQ5:** Find information on preschool education programs. earlychildhoodquality.doe.virginia.gov/
- **CHIP:** In-home support for families. Enroll online. childhealthpartnership.org/enrollormakeareferral
- **LifeSpring:** 618 Forest Street Unit C. 979-8888. Free pregnancy and STI tests, ultrasounds, parenting classes, and supplies for children 0-2. Does not provide abortions.

PHYSICAL HEALTH

- **Charlottesville-Albemarle Health Department:** 972-6269; 1138 Rose Hill Dr. Offering many in-person services by appointment. Call for more information. Free acupuncture clinic on Tues at 5:30 (Call 960-8464).
- **Charlottesville Free Clinic:** 296-5525; 901 Preston Ave. 3rd floor. Non-emergency medical care & pharmacy for low-income households. Medical & Dental: Call.
- **Central Virginia Health Services** (Neighborhood Family Health): 227-5624; 1101 East Jefferson St, Suite 1. Comprehensive medical/behavioral health & pharmacy. Schedule appointments at <https://www.cvhsinc.org/>
- **Visionworks:** 293-3225, Barracks Shopping Center. Free eye exams for patients with Medicaid. Open.
- **MyEyeDr:** 973-5361, 441 Westfield Rd. This location only: free eye exams with any Virginia Medicaid.
- **Sentara Martha Jefferson Community Health and Outreach Center:** 316-1860. Offers free support services.
- **UVA Latino Health Initiative:** 272-5910. Provides services and programs for Latinx community members.
- **Pathways to Cancer Screening:** 924-8836. Free program for early cancer detection and prevention.