



regionten

# safeTALK

suicide alertness for everyone

## 4-HOUR IN PERSON WORKSHOP

- **May 21, 2024**
  - 9:00 am - 1:00 pm
  - Region Ten CSB  
500 Old Lynchburg Rd.  
Training Room 500B



[Scan the QR code](#)  
or [click HERE](#) to register!

## ABOUT THE WORKSHOP

In LivingWorks safeTALK you will learn how to reach out to someone thinking about suicide and help them keep safe by promptly connecting them to further support. Your role as a connector is the main focus of this training, which features:

- Trainer presentations, facilitated discussion, and skills practice
- Videos that illustrate what happens when signs of suicide are overlooked, and how you can contribute to safe outcomes when these signs are heard and addressed
- Opportunities to further explore organizational applications of the training
- A community resource person will be on hand at the workshop to support your safety and comfort.

## COURSE REQUIREMENTS

- Participants must be able to attend both days of the workshop in entirety.
- This course is FREE with the support of grant funding.



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PLEASE CONTACT [PREVENTION@REGIONTEN.ORG](mailto:PREVENTION@REGIONTEN.ORG) FOR ADDITIONAL INFORMATION