



PEACE VALLEY  
RECOVERY



# Comprehensive Addiction Treatment

in Bucks County, Pennsylvania



## About Us

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Peace Valley Recovery is a premier addiction treatment provider located in beautiful Bucks County, Pennsylvania. Our mission is to provide a safe, private, and tranquil setting, while offering the highest level of evidence based care to our patients and their families.

## Levels of Care

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We offer several levels of outpatient care including:

- Partial Hospitalization (PHP)
- Intensive Outpatient (IOP)
- General Outpatient (OP)



## Treatment Services

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- Individual and group therapy
- Family therapy
- Cognitive behavioral therapy
- EMDR
- Adventure therapy
- Case management

## Family Therapy

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Family therapy is at the heart of our clinical programming and is encouraged whenever appropriate. This is because addiction is a family disease and outcomes are greatly improved when a family participates in the recovery process. The family therapy program at Peace Valley Recovery is overseen by a licensed marriage and family therapist.

## EMDR

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EMDR is a form of therapy used to treat patients with traumatic memories. Trauma can cause overwhelming symptoms that affect a person's daily life. EMDR aims to provide healing and relief to those suffering from psychological trauma. All EMDR therapy at Peace Valley Recovery is provided by a licensed and EMDR certified therapist.

## Yoga Therapy

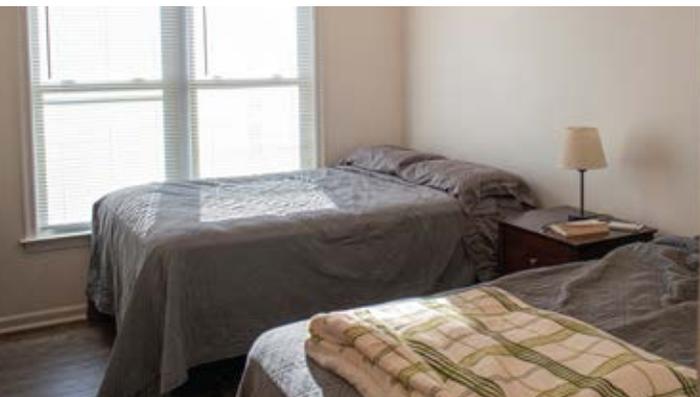
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Yoga is a healthy ritual that can replace old habits. It also requires dedication, consistency, and practice, three helpful things to work on in early recovery. Peace Valley Recovery offers yoga therapy to its patients as part of our Partial Hospitalization (PHP) program. All yoga therapy is provided at our facility by a certified yoga instructor.

## Sober Living

Patients receive treatment at our facility and are given the option of living in a structured recovery residence nearby. Peace Valley Recovery works conjointly with Candor House sober living which offers upscale and private recovery residences. This sober living setting provides:

- Personal responsibility through peer-to-peer support
- A safe and organized home
- Guidance of live-in house manager with long term recovery
- Supervised social outings, 12-step meetings, and opportunities to give back to the local community



## Testimonials



I walked into Peace Valley Recovery feeling utterly broken & defeated. I sought help for a problem that I no longer had the ability to fix on my own. Initially, I was drawn to Peace Valley after reading about their holistic approach to recovery. I knew I would never thrive in a cold, clinical atmosphere. The tranquil setting was beautiful, the yoga & daily meditation...restoring. However, my biggest takeaway was the kindness & understanding that I received from the staff. They treated me not as a problem to be fixed, but as a person in need of healing.

Rachel, Alumni



This place is truly outstanding! They have an amazing staff who are extremely helpful, caring and understanding. They provided a structured and safe environment that makes you feel comfortable from the moment you walk in. The group activities and discussions all have a direct impact on your recovery, and you learn so much about yourself and addiction. I would recommend Peace Valley to anyone!

Brandon, Alumni



We are a licensed and nationally accredited treatment facility located in Pennsylvania.