

# THE VALLEY



## ABOUT US

The Valley Treatment Center offers Evidence-Based treatment programs that integrate addiction treatment, substance abuse treatment, mental health treatment, medical treatment, and behavioral healthcare in a comprehensive, person-centered, therapeutic method.

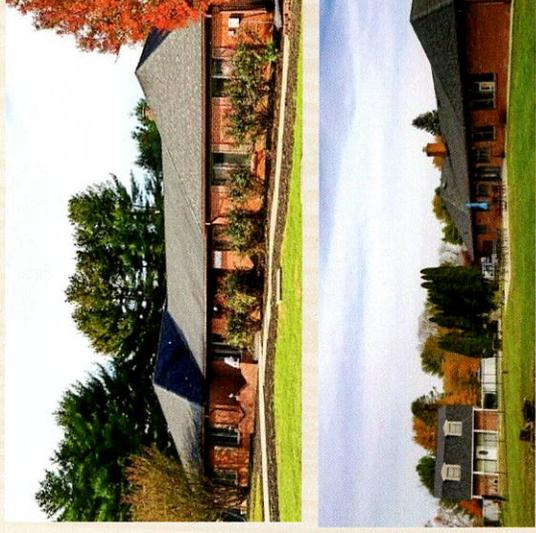
Our comprehensive approach to treating addiction, is facilitated by a highly qualified, experienced, and caring team of counselors, therapists, nurses, clinical & medical professionals, case managers, and other support staff.

Our residences offer a home-like feel in a serene environment where clients are fully supported on their path to recovery. Each home has fully stocked kitchens, private bathrooms, common areas, decks/patios, fully furnished bedrooms with flat screen televisions, recreation areas, entertainment areas, and 24/7 supervision and security.

## OUR PROGRAMS

The Valley Treatment Center's programs are grounded in Evidenced-Based Practices and include:

- Comprehensive Assessment & Diagnosis
- Psychiatric & Medical Evaluations
- Individualized Treatment Planning
- Individual Counseling & Therapy
- Group Counseling & Therapy
- Substance Use & Addiction Education
- Relapse Prevention Education & Training
- Medication-Assisted Therapies & Education
- Mindfulness Meditation & Yoga
- Coping Skills & Stress Reduction Therapy
- Recreation & Art Therapy
- Acupuncture Detox
- Case Management



## OUR FACILITIES & CAMPUS

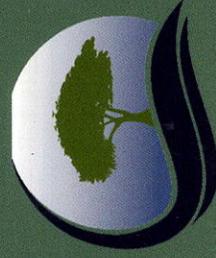
The Valley Treatment Center encompasses a 15 acre campus with 5 residential houses, recreation areas, entertainment areas, media centers, a fitness center & exercise areas, a swimming pool, gardens, and plenty of privacy.

The "The Executive House" and "The Muncaster Home" residences share living quarters, clinical offices, medical offices, nursing, and multiple group counseling areas.



## On-Site Services

- *Intensive Inpatient Program*
- *Residential Treatment Program*
- *Co-Occurring Substance Use Disorder & Mental Health Treatment*
- *Partial Hospitalization Program*
- *Medication-Assisted Treatments*
- *Case Management/Continuing Care/Aftercare Planning*
- *Family Counseling*
- *Veterans' Services*
- *Referral Services*



# THE VALLEY

24/7 Admissions

301.355.7455



# THE VALLEY

*Treatment Center*

*19120 Muncaster Road*

*Derwood, Maryland 20855*

*Thevalleymd.com*

Most Insurance Plans  
Accepted & In-Network



## *The Valley Treatment Center*

*Addictions  
Substance Abuse  
Dependency  
Mental Health*