



# 2024

ALL TRAININGS WILL BE  
VIRTUAL. CLICK THE ZOOM  
ICON TO REGISTER.

## Upcoming PEER SUPPORT Trainings FOR REGION 1

**28**  
AUGUST

### PEER SUPPORT - LEADING THROUGH CHANGE

1:00 pm - 3:00 pm

Applying basic leadership skills to the fundamentals of authentic peer support can encourage others to push through tough times and achieve their identified goals.



## 3-PART SERIES ON ENGAGEMENT

**24**  
SEPTEMBER

### PART 1: ESTABLISHING THE RELATIONSHIP

1:00 pm - 3:00 pm

Engaging people during challenging times in their lives is not always easy. Learn strategies to encourage connection and how to uphold the value of persistence when folks are not responding to your efforts.



**24**  
OCTOBER

### PART 2: MAINTAINING THE RELATIONSHIP

9:00 am - 11:00 am

Once a relationship has been established, it takes skills to maintain it. Explore ways to keep the spark alive and encourage others to keep moving forward while maintaining a meaningful connection.



**21**  
NOVEMBER

### PART 3: COLLABORATING WITH OTHERS

9:00 am - 11:00 am

While peer support activities are typically geared towards the individual, there are aspects of engagement that include collaborating with other team members, natural supports, or colleagues. Discover ways to cultivate these relationships and influence ongoing engagement with the peer supporter and the individual.

