



**MAINSRING**  
RECOVERY

**Residential**

17470 Richmond Highway Dumfries, VA 22026

**Partial Hospitalization Program**

18300 Quantico Gateway Dr. Triangle, VA 22172

571.774.9910 | [www.mainspringrecovery.com](http://www.mainspringrecovery.com)



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## Insurances Accepted:



Molina Healthcare



Sentara Health Plans



United Healthcare - Managed Care



Virginia Premier Managed Care



Anthem Healthkeepers



Aetna MCO



**MAINSRING**  
RECOVERY

**DUMFRIES, VA**



## Our Mission:

The mission of **Mainspring Recovery Center** of Dumfries is to deliver the highest quality client care to the communities we serve. It is our belief that everyone can recover through a consistent person-centered approach to treatment.

## Our Services:

24/7

**Medication Assisted Withdrawal Management**  
(depending on severity and substance)



**Residential**



**Partial Hospitalization Program**



**Low Intensity Residential Program**



**Medication Assisted Treatment**

## COMPLIMENTARY THERAPIES:

- Yoga
- Meditation
- Medication
- Art Therapy
- Breathwork
- NA/AA



## Amenities:

- Newly Renovated
- Modern Living Arrangements
- On Site Laundry
- Professionally Catered Meals
- Fitness Center

**Mainspring Recovery** is here to be the first step on your journey to recovery. Our team of addiction professionals will guide you every step of the way, providing you with the necessary tools to overcome addiction and realize that recovery is possible!

## Who We Can Help:

### Residential Services:

a person who

- has substance use disorder
- is an adult 18 or over
- can perform all ADLs and self-care
- wants to be an active participant in their recovery

### Partial Hospitalization Program:

a person who

- is not in active withdrawal from any substance
- can attend 5 hours of group counseling 4 days per week
- can perform all ADLs and self-care
- has transportation for the duration of treatment

### Low Intensity Residential:

a person who

- is not in active withdrawal from any substance
- can attend 5 hours of group counseling 1 day per week
- can perform all ADLs and self-care
- needs extra supportive housing and life skills

We are a LGBTQA+ friendly and inclusive environment.

## To Schedule an Admission:

### Admissions Email

[admissions-dumfries@mainspringrecovery.com](mailto:admissions-dumfries@mainspringrecovery.com)

### Website

[www.mainspringrecovery.com](http://www.mainspringrecovery.com)

### Admissions Phone

571-774-9936

### Admissions Fax

571-749-9420

