



MAINSRING
RECOVERY

PARTIAL HOSPITALIZATION PROGRAM (PHP)

Our Mission:

The mission of **Mainspring Recovery Center of Dumfries** is to deliver the highest quality client care to the communities we serve. It is our belief that everyone can recover through a consistent person-centered approach to treatment.

Please
visit our
website for a list
of accepted
insurances



Our Partial Hospitalization Program (PHP) at Mainspring Recovery is designed for those needing an intensive treatment environment while maintaining the flexibility to return home each evening. This approach strikes a balance between traditional outpatient services and the more restrictive inpatient care, offering structured support without round-the-clock supervision. Our comprehensive treatment addresses each individual's complex needs and fosters a path to long-term recovery.

The PHP includes a wide range of therapeutic services, such as individual and group therapy, psychoeducational workshops, and life skills training, all tailored to each client's unique journey. Participants benefit from daily structured programming led by our experienced clinical team, using evidence-based practices to tackle addiction's root causes and develop effective coping strategies. With a supportive community and personalized aftercare planning, Mainspring Recovery ensures a smooth transition to continued support and lasting recovery.

Our Services:

- Evidence Based Treatment for Substance Use Disorder
- Individual Counseling
- Group Therapy
- Yoga
- LGBTQA+ Friendly, Inclusive Environment
- Gender Specific Groups
- After Care Planning

Hours of Operation:

Program Hours

9:30AM- 3:30PM M-Th

Office Hours

8:00AM - 4:30PM

To Schedule an Admission:

Admissions Email

admissions@mainspringrecovery.com

Website

www.mainspringrecovery.com

Admissions Phone

571-774-9936

Admissions Fax

571-749-9420



LEAVE US A REVIEW

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