



MAINSRING
RECOVERY

RESIDENTIAL TREATMENT SERVICES

Our Mission:

The mission of **Mainspring Recovery Center** of Dumfries is to deliver the highest quality client care to the communities we serve. It is our belief that everyone can recover through a consistent person-centered approach to treatment.

Please
visit our
website for a list
of accepted
insurances



Our Services:

- Withdrawal management (depending on substance and severity)
- Evidence Based Treatment for Substance Use Disorder
- Medication Assisted Treatment
- On site AA/NA meetings
- Structured Daily Schedule
- Individual Counseling
- Group Therapy
- Art Therapy
- Breathwork
- Yoga
- Fitness Center
- Visitation
- Healthy catered meals and snacks
- LGBTQA+ friendly, inclusive environment
- Gender specific groups
- After care planning
- Spirituality room

Who We Can Help:

A PERSON WHO

- has substance use disorder
- is an adult 18 or over
- can perform all ADL's and self-care
- is mental health stable
- wants to be an active participant in their recovery

To Schedule an Admission:

Admissions email

admissions@mainspringrecovery.com

Website

www.mainspringrecovery.com

Admissions phone

571-774-9936

Admissions Fax

571-749-9420



LEAVE US A REVIEW

17470 Richmond Highway Dumfries, VA 22026