



regionten

APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)

2-DAY IN PERSON WORKSHOP

- **April 8 & 9, 2025**
 - 8:30 am - 4:30 pm
 - Region Ten CSB
500 Old Lynchburg Rd.
Conference Room 500A
- **Participants must be able to attend both days in entirety in order to receive certification.**



Scan the QR code
or [click HERE to register!](#)

ABOUT THE WORKSHOP

- LivingWorks ASIST is a 2-day in person workshop featuring powerful audiovisuals, discussions, and simulations.
- You'll learn how to recognize when someone may be thinking about suicide, and how to provide a skilled intervention and develop a safety plan with the person to connect them to further support.
- This workshop aims to increase your willingness, confidence, and capacity to provide suicide first aid.
- Knowledgeable, supportive trainers will guide you through this interactive workshop, ensuring a comfortable and safe learning environment.
- Widely used by professionals and the general public

COURSE REQUIREMENTS

- Participants must be able to attend both days of the workshop in entirety.
- This course is FREE with the support of grant funding.



PLEASE CONTACT PREVENTION@REGIONTEN.ORG FOR ADDITIONAL INFORMATION