



## Anderson Treatment's "The Twelve"

Overview: A 60-90 day structured ASAM 3.1, 12-step focused, transitional living residential program geared towards the development of independent living skills and executing long term recovery plans. Emphasis on housing, employment, and legal issues.

Locations: 26 bed co-ed facility- Roanoke

18 bed all male facility- Roanoke

30 bed co-ed facility- Lynchburg

"The Grove" 16 bed facility for pregnant women and their babies- Roanoke

Contact:

- Phone: (540) 400-7841
- Fax: 540-400-8177
- Email: [admissions@andersontreatment.com](mailto:admissions@andersontreatment.com)
- Submit applications on our Website: [www.andersontreatment.com](http://www.andersontreatment.com)

Other Services:

- ASAM 2.5 Day Treatment
- ASAM 2.1 IOP (Adults and Adolescents)
- Individual counseling
- Group Therapy & Support Groups (including Aftercare)
- Case Management
- Medication Assisted Treatment

Founded by Jody Anderson, LCSW, a minority woman with a history of incarceration now in long term recovery who grew her independent counseling practice in order to expand services to meet the needs of her community.

Recovery Philosophy: Anderson Treatment strives to be Southwest Virginia's premier addiction recovery treatment provider. We offer personalized, accessible, and inclusive addiction treatment services to support individuals on their path to recovery from addiction, trauma, and mental illness. At Anderson Treatment, we believe in a trauma-informed, resiliency-focused, and holistic approach to care. We help individuals reconnect with themselves, build life skills,



and develop healthier coping mechanisms in a community-driven recovery environment. Our goal is to support each person in defining and achieving their version of meaningful recovery.

What to expect in treatment:

- Recovery living environment
- Additional therapies and services incorporated in the daily structure
- 20+ hours of group therapy weekly during the first 3 weeks of treatment
- Ability to work and access the community independently after completing the 3- week course of Day Treatment
- Cell phones and vehicles are allowed
- Visitation on Sundays
- Gym access, outside meetings, and community outings
- Intensive case management and discharge planning
- Medication reviewed case by case

Insurance accepted:

- Anthem Medicaid
- Sentara Medicaid
- Aetna Medicaid
- Molina Medicaid (case-by-case)

Admission Criteria:

- Medically and psychiatrically stable
- Clear of major detox risks
- Capacity to meaningfully participate in your own recovery planning
- Willingness to explore 12-step recovery
- Not on sex offender registry