

Trauma-Informed Certification Trainings

{ Winter/Spring 2021 Schedule }

SCHEDULE

January 22: [Course 1](#)
February 12: [Resilience During Covid](#)
February 26: [Course 2*](#)
March 12: [Resilience During Covid](#)
March 26: [Course 1](#)
April 16: [Resilience During Covid](#)
April 23: [Course 2*](#)
May 14: [Resilience During Covid](#)
May 28: [Course 1](#)
June 11: [Resilience During Covid](#)
June 25: [Course 2*](#)

*You must complete Course 1 in order to take Course 2

Details



8:30 AM- 3:30 PM, Course 1 and 2
12-2 PM, Resilience During Covid



Trainings will be completed virtually through Zoom.



To register, click the link for the date(s) you would like above and register through Eventbrite. Any questions? Please email MHFA@regionten.org



COMMUNITY
RESILIENCE INITIATIVE

The Community Resilience Initiative (CRI) has developed courses to teach parents, schools, medical professionals, mental health practitioners, and any community member interested in learning more about toxic stress and how individuals and communities build resilience across the lifespan.

CRI Course 1: Trauma-Informed

This 6-hour course covers NEAR Science (Neuroscience, Epigenetics, ACE Study, Resilience), Brain States, and ROLES strategies for individuals seeking a trauma-informed certification.

CRI Course 2: Trauma-Supportive

This 6-hour course covers the science of resiliency and shares promising strategies to build culturally and contextually resilient individuals and communities.

Resilience During Covid

This 2-hour training offers strategies for managing the stress of life during a pandemic & how to promote resilience.

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innovative services for mental health, developmental disabilities and substance use disorders

a better life, a better community