

**Region Ten Community Services Board****Board Meeting Minutes****February 8, 2021, 4:00 PM**

500-B Old Lynchburg Rd

Charlottesville, VA

**Members Present**

John Kronstain  
Nora Demleitner  
Peggy Whitehead, Secretary  
Tom Worosz  
Dr. Barry Blumenthal  
David Szwedo  
James Murphy  
Stephen Wunsh  
Helayna Banks  
Barbara Barrett, Chair

**Members Absent**

Ms. D Pryor  
Edna Harris

**Others Present**

Lisa Beitz, Executive Director  
Jessica Phipps, Business Office Manager  
Kathy Williams, Senior Director  
John Davidson, Lawyer  
Marc Peritz, Lawyer

**I. Call to Order**

Ms. Whitehead called the meeting to order at 4:00 PM.

**II. Welcome**

Ms. Whitehead welcomed everyone to the meeting.

**III. Comments from the Public**

There was no public present.

**IV. Chair's Remarks**

There were no remarks from Ms. Whitehead.

**V. Executive Director's Remarks**

Ms. Beitz introduced John Davidson, employment lawyer, and Marc Peritz, liability lawyer. They will join the closed session later in the meeting.

Ms. Beitz discussed several of the bills being considered this legislative session. The General Assembly will go into special session until the end of February, which delays some of the decisions and outcomes related to funding and final legislation. There are a few things to pay attention to that are related to Region Ten. Senate Bill 1304, proposed legislation to change the discharge planning for people coming out of the state hospital. DBHDS wanted to change the legislation to require that the state hospital and DBHDS together make a 30 day initial discharge plan to move people into the community and then in the first 30 days of discharge the CSB would get involved fill out that plan long term. We were not in support of that, for several reasons. First, there is a pot of money called discharge assistance that comes with people coming out of the hospital and you can only access that money prior to discharge and so access to that money would shift. Second, people do not always discharge into the community from which they came. The community resources wraparounds aren't in place, and if a CSB isn't involved in the initial plan, it may not be adequate to sustain somebody. CSB may have a wait list and services unavailable. This sets the consumer up to possibly not being served and re-hospitalized. SB 1304 has died. Instead, the Department has been tasked with creating a task force for looking at that process from beginning to end to better manage hospital census and adequate discharge and resources.

House Bill 1821, experiencing or reporting overdoses. This prohibits arrest and prosecution. Since Narcan has come on board there has been a fair amount of challenge with people not wanting to use it or call the police or EMS when someone overdoses because in some jurisdictions those involve getting charged. This bill is to decriminalize the process of helping someone who is overdosing and getting them to the hospital, by using Narcan and calling the police.

House Bill 1987, telemedicine coverage of telehealth by insurances. Medicaid has authorized the reimbursement for telephone services, not just Zoom. The challenge is, when the state of emergency ends, will insurance companies continue reimbursing for telephone services. Our no shows and cancellations have significantly decreased. We have decreased barriers to access. Not everyone has access to internet or the knowledge to use Zoom.

House Bill 2070, CSB contracts with private providers. This is a bill asking for permission to do something CSBs already do. We already directly contract with people for any number of things as a system. This just formalizes that language to allow us to do what we already do.

First Walgreens Vaccine Clinic took place earlier this month. Residential consumers participated in this clinic. Walgreens indicated this was the best organized clinic they have had to date.

**VI. Consent Agenda**

Ms. Whitehead asked for corrections to the consent agenda. Dr. Blumenthal motioned and Ms. Demleitner seconded. The motion was unanimously approved.

**VII. Other Business**

There was no other business at this time.

**VIII. Closed Session**

Ms. Whitehead read: I move that the Board go into closed meeting in compliance with VA. Code 2.2-3712 for the purposes of discussion of employment matters pursuant to 2.2-3712.A.1. The motion was made by Dr. Blumenthal and seconded by Ms. Demleitner and was unanimously approved. Ms. Williams, Mr. Davidson and Mr. Peritz were asked to stay. Ms. Phipps left the meeting. Ms. Barrett joined the meeting.

The Board hereby certifies as follows in compliance with VA. Code 2.2-3712 (D) to the best of each individual board member's knowledge, only public business matters lawfully exempted from open meeting requirements under Va. Code 2.2-3711 and only such public business matters as were identified in the motion by which the closed session was convened were heard, discussed or considered in the closed meeting. This was unanimous.

**IX. Adjournment**

The meeting was adjourned.