



Vista Pines Health is a **detox and residential program for mental health care and substance abuse** located in Pembroke Pines. This fully accredited program is designed to treat clients whose primary diagnosis is a mental health disorder. Our dedicated clinicians have extensive experience in treating bipolar, depressive, anxiety, and schizoaffective disorders. We aim to make mental health treatment as accessible and affordable as possible. We accept most major health insurance plans and have flexible financing options. We put the client at the center of every aspect of our care.

CLINICAL CARE

- Addiction and Relapse Prevention Education
- Mental Health Education
- Nursing Education Groups
- Medical/Medication Education
- Motivational Enhancement
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Coping Skills
- Life Skills
- 12-Step Recovery
- Family Dynamics
- Nutrition Education
- Process Groups

Vistas Pines Health is a proud member of the **Delphi Behavioral Health Group** family of nationwide treatment programs. We combine clinically proven therapies with a client-first mentality to foster lasting change in our clients. Our low client-to-staff ratios and comfortable accommodations ensure that everyone in our care receives the attention, respect, and privacy they need for successful mental health treatment.

888-787-1684
www.vistapineshealth.com
www.delphihealthgroup.com

