



SAFE HARBOR Tactical Recovery

A Veteran-Specific Residential
Substance Use Disorder Treatment Program.

MISSION:

- ★ A 45-day residential treatment program for Veterans
- ★ Trauma-informed treatment model
- ★ PsychArmor Certified program
- ★ Individualized treatment plans to include whole-person wellness (weekly yoga, nutrition education, and gym equipment on-site)
- ★ Intentional staffing to include Veterans and persons in long-term recovery (counselors and nurses on-site 7 days per week)
- ★ Treatment to include family & support system involvement
- ★ Collaborative relationship between Safe Harbor treatment team, the VA, and other Veteran support services
- ★ Weekly Equine Therapy
- ★ Neurofeedback Services
- ★ REBOOT Combat Recovery Groups

WE ARE EXPANDING SOON!

Safe Harbor's Tactical Recovery program for Veterans will be expanding to a new location in Portsmouth this Fall. The enhanced program will provide targeted treatment designed to meet the unique needs of Veterans recovering from drug and alcohol addiction.



In-network Insurance Providers

Aetna
 Aetna Better Health of VA
 Anthem BCBS
 Anthem Healthkeepers Plus
 Beacon
 VA Premier
 Optum/UBH
 VA Ready Program through Optum
 Optima Medicaid

VA COMMUNITY CARE



SAFE HARBOR RECOVERY CENTER

Residential

2700 LONDON BOULEVARD, PORTSMOUTH, VA 23707

Partial Hospitalization Program

3516 QUEEN STREET, PORTSMOUTH, VA 23707

SafeHarborRecovery.com

(888) 450-1724



SAFE HARBOR RECOVERY CENTER

Come in from the storm.



Portsmouth, Virginia
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