

# Adverse Childhood Experiences (ACE's) Trainings

{ Winter 2022 Schedule }

## SCHEDULE



January 13th, 9am-11am

March 15th, 1pm-3pm

## Details



Trainings will be completed virtually through Zoom.



To register, click the link for the date(s) you would like above and register through Eventbrite. Any questions?

Please email  
[MHFA@regionten.org](mailto:MHFA@regionten.org)

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**UNDERSTANDING**  
Adverse Childhood Experiences

## ACE Interface Training

This training provides an introduction to the Adverse Childhood Experiences (ACE's) study. You will learn about how early adversity as a child can affect one throughout their life and steps we can take towards addressing the trauma and creating safe environments and relationships. Understanding ACE's will help support the work and relationships you have with others.

**In the 2 hour ACE Interface Training, we will discuss...**



ACES: What are Adverse Childhood Experiences?



Neurobiology: How do our brains work?



Trauma: How are we affected by Adverse Childhood Experiences?



Resiliency: How can we change outcomes?