

# WE ARE HERE TO HELP

*support your happier, healthier tomorrow.*



## The Addiction Intensive Outpatient Program

provides immediate patient support with alcohol or drug addiction issues and coping skills for relapse prevention.

**CALL US  
TODAY!**

Fighting alcohol or drug addiction takes a team of support including specially-trained behavioral health professionals with an individualized step-by-step programs based on individual assessment requirements and a supportive environment to begin healing and recovery.

Our addiction recovery process includes both inpatient detox and a comprehensive intensive outpatient program for an addiction treatment continuum of care.



**RIVERSIDE**

Behavioral Health Center

A Campus of Riverside Regional Medical Center

[riversideonline.com/rbhc](http://riversideonline.com/rbhc)

Our specially-trained behavioral health professionals follow treatment criteria set by the American Society of Addiction Medicine - national standards of care, proven for long-term success. We use extensive assessment protocols, building stability for positive recovery from the very beginning of your initial assessment.

## THE PATIENT/THERAPIST RELATIONSHIP IS *key to success.*



**Working with individualized plans to build strength and resilience, we provide:**

- group therapy
- psychotherapy
- help building coping and social skills
- help in identifying addiction triggers and develop the skills needed for relapse prevention
- caregiver educational sessions to assist loved ones in supporting patients

## *We're Here to Help*

For assistance or more information on addiction treatment services, call us today at **757-827-3119** to get started on your journey to healing.



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**Our goal is your goal – to help you stay sober for a healthier and happier tomorrow.**