

ABOUT US

Blue Ridge Behavioral Healthcare Rita J Gliniecki Recovery Center provides short-term (3 to 15 day) stabilization for individuals who have symptoms of behavioral health disorders that could, if not addressed, result in a need for hospitalization. This service also offers medically supervised detoxification from alcohol and other drugs.

Services are provided in a recovery-oriented environment and include skills training, psychiatric care, 12-step recovery groups on-site and discharge planning to assure continuity of care in transitioning to outpatient services.



INTAKE PROCESS

We offer centralized intake assessments for all of our services at the Burrell Center, located on McDowell Avenue.

These assessments are used to determine service needs and are done on a walk-in basis to provide same-day access.

Access to Care – BRBH Burrell Center
611 McDowell Avenue
Roanoke, VA 24016

(540) 343-3007

For walk-In hours Monday-Friday
please check our website at
www.brbh.org

IF AFTER HOURS PLEASE CALL
540-344-6208

**Admissions Taken 24 Hours A
Day, 7 Days A Week**



**Blue Ridge
Behavioral
Healthcare**

We are able to accept those from Roanoke City,
Roanoke County, Salem, Craig and Botetourt
counties regardless of insurance status.



**Blue Ridge
Behavioral
Healthcare**



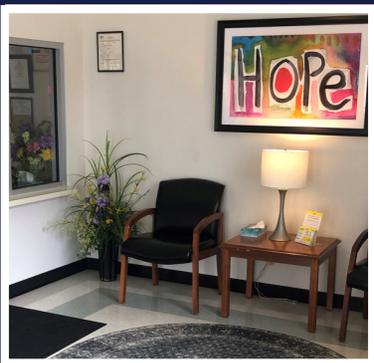
**Crisis Stabilization &
Detoxification Services**

WWW.BRBH.ORG

OUR PROGRAM

Includes 16 beds, staffed by welcoming Therapists, Clinicians, Nurses, Residential Aides, Peers, Doctors, & Nurse Practitioners

- We can be a supportive step-down environment from inpatient psychiatric hospitalization, promoting ongoing stability after discharge
- We will work with you to assess your needs the following areas:
 - Physical & Mental Health
 - Substance Use
 - Social, Housing, Legal, Advocacy, and Transportation
 - Establish A Discharge Plan With Links To Outpatient Aftercare To Address Those Needs
- 8 hours of scheduled programming, including:
 - Group, Individual & Family Therapy
 - Case Management
 - Psycho-Educational Counseling
 - Recreational and Relaxation Activities
 - Assessment of Physical Health Needs
 - Peer Led Activities



Your Recovery is Worth the Stay!



WHAT YOU CAN EXPECT

- Assessment by a designated medical provider
- Clothing washed and limited storage of your personal belongings
- We are a no tobacco facility but offer nicotine gum or patches
- No cell phones allowed but we provide telephone opportunities each evening
- Full service kitchen with 3 meals and 3 snacks daily
- Weekly visitation either in person or via zoom can be arranged

WHAT TO BRING

- 5 Changes of Comfortable, Modest Clothing
- Personal Care Items
(That **DO NOT** Contain Alcohol In The First 5 Ingredients)
- Modest Sleepwear
- 1-2 Pairs of Shoes
- Light Jacket, Hoodie, etc.
- All Home Medications



WHAT TO LEAVE AT HOME

- Any Items With Alcohol In The First 5 Ingredients
- Glass Containers, Aerosol Items, or Anything Sharp
(Razors Will Be Provided)
- Food or Drinks –
Except Individually Wrapped Hard Candy
- Any Items That Plug In
- Pillows, Blankets, Stuffed Animals, Large Suitcases or Bags/Items To Be Stored