



PROGRAM SERVICES

VIRGINIA'S PREMIER MENTAL HEALTH TREATMENT CENTER

AMFM Healthcare is an integrative treatment provider specializing in acute primary psychiatric and dual-diagnosis care; fully addressing all healthcare needs of our clients. Each of our facilities house a maximum of eight residents with a dedicated clinical team. The limited number of residents enables our team to service a large range of clinical issues, while providing an individualized and intimate treatment process.

WE PROVIDE

MEDICATION MANAGEMENT & EDUCATION
LIFE SKILLS TRAINING
PSYCHOEDUCATION GROUPS
GROUP THERAPY | INDIVIDUAL THERAPY

MODALITIES USED

COGNITIVE BEHAVIORAL THERAPY
DIALECTICAL BEHAVIORAL THERAPY
SAND TRAY THERAPY
EYE MOVEMENT DESENSITIZATION & REPROCESSING
L.E.A.P. | PLUS OTHERS AS CLINICALLY APPROPRIATE

- INDIVIDUALIZED PHASE WORK
- INDIVIDUAL SESSIONS WITH PSYCHIATRIST
- TAI CHI | YOGA | MEDITATION
- RECOVERY SUPPORT HOUR
- FITNESS HOUR WITH CERTIFIED INSTRUCTOR
- INDIVIDUAL SESSIONS WITH PRIMARY THERAPIST
- MUSIC THERAPY
- ART THERAPY
- INDIVIDUAL THERAPY SESSION WITH PSYCHIATRIST
- INDIVIDUAL SESSIONS WITH CASE MANAGER
- THERAPEUTIC CREATIVE WRITING CLASS
- EXPERIENTIAL OUTING (HALF DAY)
- PHYSICAL THERAPIST SESSION

As a leading mental health treatment provider, each patient will receive a comprehensive psychiatric evaluation and a weekly individual assessment with our psychiatrist. Additionally, our medical team is available on a 24-hour basis.

HERE FOR YOU EVERY STEP OF THE WAY



After the tragic loss of a beloved son due to mental illness, A Mission for Michael was created with the vision of preventing such hopelessness in the lives of others. Our team is comprised of individuals who have both the qualifications and the passion to take care of severe mental illness. In the field of mental healthcare, A Mission for Michael is unique. Combining compassionate, individualized care with clinical expertise, we provide solutions for individuals and their families to overcome the struggles of mental illness.

WHAT WE TREAT:

SCHIZOPHRENIA | SCHIZOAFFECTIVE | BIPOLAR I & II | ANXIETY | DEPRESSION
PTSD | TRAUMA | PERSONALITY DISORDERS | SUBSTANCE USE DISORDER

HOW WE TREAT:

IN A SMALL MILIEU, WE UTILIZE A STRENGTH-BASED MODEL OF CARE ALONG WITH EVIDENCE-BASED THERAPEUTIC MODALITIES, PSYCHIATRY, EXPERIENTIAL THERAPIES, AND A HEALTH AND WELLNESS COMPONENT TO FOSTER AN ENVIRONMENT WHERE SUSTAINABLE HEALING CAN BEGIN.



AMFM HEALTHCARE ACCEPTS MOST MAJOR INSURANCE PLANS INCLUDING:



PLEASE CONTACT US TO VERIFY YOUR BENEFITS



A MISSION FOR MICHAEL
MISSION PREP
MISSION CONNECTION

 (866) 655-4292

 (714) 849-7569

 INFO@AMFMHEALTHCARE.COM

 AMFMTREATMENT.COM