

DISCRIMINATION SERVICES

- **Legal Aid Justice Center:** 977-0553; 1000 Preston Ave #A. Consultation for discrimination, civil rights, immigration.
- **Central Virginia Legal Aid Society:** 800-552-7977; 103 E Water St Suites 201 & 202. Legal consultation for evictions, foreclosures, sexual/domestic violence. cvlas.org/get-help/.
- **Office of Human Rights:** 970-3023; 507 E Main St. Call.

OTHER SUPPORT

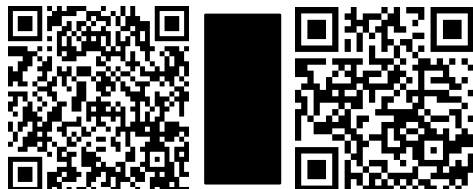
- **Home to Hope:** 970-3601, 507 E Main St. For Cville residents recently released; resource navigation.
- **Love INC:** 977-7777. Emergency resource referral. Office open, <https://loveincvill.org/request-help>
- **OAR:** 296-2441. Safe incarceration alternatives/services, post Incarceration-Reentry Services and Assistance.
- **JABA Senior Helpline:** 817-5222. Direct service to older adults and caregivers. Medicare / ACA counseling (all ages).
- **One Stop Shop Cville:** Monthly services for those recently released from incarceration. www.onestopcvill.org/
- **Assurance Wireless Free Phone Program:** 888-321-5880. Apply online at <https://www.assurancewireless.com/>
- **The Fountain Fund:** 234-3600. Loans to those formerly incarcerated. www.fountainfund.org/loan-inquiries
- **Piedmont Housing Alliance:** 817-2436. Resources for renters. Call or go to <https://piedmonthousingalliance.org>
- **New Eyes Glasses:** Free lenses with a prescription. <https://new-eyes.org/application>
- **Dominion EnergyShare:** 295-4058, Energy assistance.
- **ACERP:** 972-4010, Emergency rent and utilities assistance.
- **Big Brothers Big Sisters:** Youth mentorship. www.blueridgebig.org/enroll-a-child/
- **Blue Ridge Bail Fund:** 540-300-2796. Helps those held pre-trial on secured bond in the greater Shenandoah Valley.
- **Crozet Cares Closet:** Distributes personal hygiene and household cleaning products. 7585 Rockfish Gap Turnpike Greenwood, VA 22943. 1st Sat of Month from 9-11am. <https://www.crozetcarescloset.org/>
- **Start a Spark:** Provides free quality firewood for heat in the winter. startasparkofcva.org/apply-for-assistance

NEED MORE INFO?

Use this QR code to open a webpage or go to:
<https://bit.ly/charlottesvillestreetsheet>

SUGGESTIONS OR UPDATES?

Please contact the Charlottesville Access Project team at cvillestreetsheet@gmail.com or 412-415-6402



LITERACY / GED

- **Thomas Jefferson Adult Career Education (TJACE):** 961-5461. GED prep, family literacy, ESL, and career readiness training.
- **Literacy Volunteers:** 977-3838; 233 4th St NW (Jefferson School). Tutoring in reading, writing, English as 2nd language, and citizenship. Additional resources online (literacyforall.org)
- **Sin Barreras:** 531-0104; GED prep in Spanish, ESL classes, medical services, and citizenship classes. Email info@sinbarrerascville.org

VETERAN SUPPORT

- **VA Medical Center:** 293-3890; 590 Peter Jefferson Pkwy #250.
- **Supportive Services for Veteran Families:** 804-788-6825. Rapid rehousing & supportive services. Offices closed, call for services.
- **Virginia Department of Veterans Services:** 529-6431; 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Appointments available.
- **Warrior's Heart:** 888-396-2759. Milford, VA. Provides in-house substance abuse treatment for veterans and first responders.

EMPLOYMENT

- **Virginia Employment Commission:** 1-866-832-2363. Call or go online (www.vec.virginia.gov/unemployed/online-services) to file for unemployment. For pandemic claims call 866-835-6058.
- **Goodwill Industries of the Valley:** 1-540-581-0620. Free virtual job training & career coaching. Register online.
- **Downtown Job Center:** 970-3933, 507 E Main St. Open 9 am to 5 pm. Go to www.charlottesville.gov/209/Downtown-Job-Center.
- **Network2Work 961-5255 and Virginia Workforce Center One-Stop 282-2594:** Both are open and accepting clients.
- **Virginia Workforce Connection:** Resume building, job search, interview skills, and more. Go to: www.vawc.virginia.gov/vosnet
- **Department for Aging and Rehabilitative Services:** Check <https://www.dars.virginia.gov/> for employment services.
- **Pipelines & Pathways:** Helps with entry-level employment at UVA. uvapipelines@virginia.edu or 962-3996.
- **Virginia Career Works – Piedmont:** Supports job seekers. Apply online at vcwpiedmont.com/careerseekers/wioa/

CLOTHING

- **Salvation Army Thrift Store:** 605 Cherry Ave. 9:30am-5pm Mon-Sat
- **CVBA Clothing Center:** 977-6876. 815 Boiling Ave. \$6.00 per bag. Free to clients with a referral. Mon 10-1 pm, Tues & Sat 10-12 pm.
- **Twice is Nice Thrift Store:** 923 Preston Ave & 918 Preston Ave.
- **Green Olive Tree Thrift Store:** 5391 Three Notch'd Rd. 823-4523. Open 11-4pm Monday-Saturday. Vouchers provided.
- **Cville Sock Love:** 919-602-3974. Delivers socks to individuals and organizations. Call or email: cvillesocklove@gmail.com
- **Immanuel Children's Clothing Closet:** 416 Jefferson Park Avenue. first Saturday of the month from 12-2 pm. Free.
- **First Church of the Brethren Adult & Children's Clothing:** 1225 Rio Road East. Saturdays 2-3 pm.
- **Church of the Good Shepherd Clothes Closet:** 500 Church Street. Saturdays from 10 am to 12 pm. Adult clothing and some personal care items. Enter from parking lot. Free.
- **Scott Shop Clothing:** 7559 Rockfish Gap Turnpike Greenwood, VA 22943. 1st Sat of Month from 9-11am.

STREET SHEET – Resources in Charlottesville/Albemarle

Version 34. Last updated: 10/2/25.

The resources listed here are provided for informational purposes. Individuals should exercise discretion when choosing which services to utilize. All phone numbers are area code 434 unless noted otherwise.

PUBLIC MEALS

- The Haven; 112 W Market; Salvation Army; 207 Ridge St

Breakfast	Lunch: 12-1pm	Dinner
Mon-Sun 7:30am @The Haven	Mon @First United Methodist Church Tues @Christ Church Tues @ St. Paul's Church Wed @First Presbyterian Thurs @Holy Comforter Fri/Sun @The Haven (Sun from 11 am-12pm)	
Mon-Sat 8am Sun 9:15 am @Salvation Army	Sat 12 pm @Salvation Army	Mon-Sat 5:15pm Sun 4 pm @Salvation Army

HOMELESS SERVICES

- **Salvation Army Emergency Shelter:** 295-4058; 207 Ridge St. Adults only; Call 8-4, no walk-ins, no intake after 4 pm
- **Homeless Information Line:** 207-2328. Call if currently or at risk of experiencing homelessness within the next two weeks. Returns call within 7 days.
- **The Haven:** 973-1234, 112 W Market. Day shelter; breakfast, laundry, showers, etc.
- **PACEM:** Low-barrier emergency winter congregate shelter for adults. Check pacemshelter.org/get-help/.
- **Shelter for Help in Emergency (SHE):** Hotline: 293-8509. Domestic violence shelter. Open to new guests.
- **ReadyKids – Runaway Emergency Services:** Hotline 972-7233. Call for resources.

RESOURCE NAVIGATION

- **Virginia 211:** Free 24/7 service connecting people with resources. Call or open a live chat online. 211virginia.org
- **Community Resource Line:** 833-524-2904. Call for help with community resources 9-5 Mo-Fri.
- **The Hub:** Church-run resource assistance. See thepointva.com/the-hub-assistance. 989-6961

EMERGENCY FOOD

- **Emergency Food Network:** 979-9180; 900 Harris St. 3-day supply, 1x/mo. Call 9am-12pm Mon, Wed, or Fri to request, then pick-up 1:30pm-3:30pm.
- **Loaves and Fishes:** 996-7868; 2050 Lambs Road. 7-10 day supply, 2x/mo. Drive-through pick-up on Wed (2pm-4pm), Thurs (6:30pm-8:30pm), and Sat (10am-12pm). Groceries by Appointment 4:00 - 7:00 PM on Tues. <http://cvilleloaves.org/>
- **B.F. Yancey Community Center:** 7625 Porters Rd, Esmont, VA. 2nd Sat/mo & 4th Fri/mo, 5-7pm. Drive-up. Food pantry 5:30-8:30pm Mon, Wed, Thurs; 10am-2pm Tues, Wed, Fri.
- **Blue Ridge Area Food Bank:** 1207 Harris St. Walk-in food pickups M-Th, 1:30 to 3:30 as one-time emergency food
- **Little Free Fridge Cville:** 411 E Main St & 1740 Broadway St. Community stocked fridges; open 24/7.

Church-based Food Pantries:

- **Church of the Incarnation:** 465-2671; 1465 Incarnation Dr. Sun 1:30-3:30pm. Do not need to pre-register.
- **Church of our Saviour Episcopal:** 1165 Rio Rd E. Mon, Wed, & Fri 10:30-12pm. Each patron must supply a picture ID.
- **St. Paul's Episcopal Church:** 851 Owensville Rd. 3rd Wed/mo, 4:00-5:00pm. Must reside in Western Albemarle. Open; call 979-6354 to request.
- **Unitarian Universalists:** 717 Rugby Rd. 1st Fri/mo 9:00-10:00am (sign-in at 8am at 703 Rugby Rd).
- **New Beginnings Christian Community:** 1130 E Market St. Mon, Tue, Fri. 1-4 pm. Call 249-5691 to request.
- **Buck Mountain Episcopal Church:** 4133 Earlysville Road, Earlysville, Virginia 22936. Second and fourth Wednesday/mo 3-5 pm. Call 973-2054.
- **Belmont Baptist Church:** 830 Monticello Ave: 977-6876. From 10:30am to 12 pm every Friday
- **Come As You Are Cville @MVMNT Church:** 309 Hillsdale Drive. From 12 to 1:30 every Friday.
- **Holy Comforter Catholic Church:** 208 E Jefferson St. 10:30 to 12:30 every Mon, Tues, & Wed.
- **Grace Grocery:** 1156 Crozet Ave. Crozet, VA 22932. From 3:30pm-5pm every Monday.
- **Rockfish Gap Food Pantry:** 7559 Rockfish Gap Turnpike Greenwood, VA 22943. 1st Sat of Month from 9-11am.

Food Delivery Services:

- **JABA Home Delivered Meals:** 817-5244. Meals for low-income seniors. Call the helpline.
- **Meals on Wheels:** 293-4364. Hot lunch deliveries to homebound individuals. Apply at <https://www.cvillemeals.org/>
- **Blue Ridge Area Food Bank REACH Program:** 248-3633. Provides supplies to seniors/homebound individuals

SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See Homeless Services
- **Sexual Assault Resource Agency (SARA):** Office textline: 295-7273; 24-hour hotline: 977-7273. 335 Greenbrier Dr. Resources
- **UVA Maxine Platzer Lynn Women's Center:** 982-2361. Offers counseling services, a legal clinic, and information for sexual assault survivors and bystanders.

MENTAL HEALTH & SUBSTANCE USE SUPPORT

- **Virginia 988:** Call or text 988 24/7 to reach a trained crisis worker if experiencing mental health distress. Entry point to Crisis Services
- **Region Ten:** Mental Health & Substance Abuse Services 972-1800, M-F 8:30am-5pm. 24/7 crisis lines: 972-1800 / 230-9704. Free walk-in group/individual treatment and mental health support offered at Blue Ridge Center 100 Burnet Street M-F 9am-4pm
- **On Our Own:** 979-2440; 123 4th St NW. Peer-driven mental health and addiction recovery programming. Building open 10-5.
- **Teen Crisis Hotline:** 972-7233. Support services for youth. Call hotline to set up online counseling.
- **Women's Initiative:** 872-0047. Counseling and support services for women/transgender women. Free call-in and walk-in clinic available, see website for hours: thewomensinitiative.org.
- **Mental Health Association Virginia Warm Line:** 866-400-6428. Peer-run support line for individuals or concerned others.
- **Grief Share:** 978-7788. Grief support group on Wednesdays at 6pm at City Church. <https://www.griefshare.org/groups/181676>
- **RegionTen Hotline:** 972-1800. Functioning hotline and online counseling provided.
- **NAMI Blue Ridge:** 260-8127 / 540 Belvedere Blvd. Provides mental illness support and resources for loved ones.
- **Empowering Families Program:** 971.8454. Offers a Substance Abuse Intensive Outpatient Program. Call.
- **Addiction Allies:** 400-9668. Suboxone clinic, online counseling (substance use & mental health) and partial hospitalization. Accepts Medicaid, Private Insurance, and Self Pay. No referral needed, Call or go to <https://www.addictionallies.com/contact>
- **Addiction Recovery Systems:** 220-0080. 103 S. Pantops Dr. Methadone & Suboxone treatment center, counseling. Accepts Medicaid & Medicare. No referral needed. Call for screening.
- **Online addiction peer support meetings:** SMART Recovery <https://meetings.smartrecovery.org/>; Alcoholics Anonymous 293-6565; Narcotics Anonymous 800-777-1515, piedmontvana.org; Al-Anon cvillealanon@gmail.com, 972-7011; Al-Ateen 972-7011; In the Rooms: intherooms.com
- **Office Based Opioid Treatment UVA clinic (OBOT):** 924-2241 Medication-assisted treatment with counseling services. Call.
- **UVA Clear Substance Use Helpline:** 844-435-7882. Offers confidential, free consultations for VA residents.
- **Charlottesville Area Harm Reduction:** 434-218-0228. Offers harm reduction supplies at 411 E Main Street.
- **Compass Behavioral Solutions:** Comprehensive home and clinic-based behavioral health services. Request online. Accepts Medicaid. compassva.com/request-services/charlottesville/

TRANSPORTATION

- **JAUNT:** 296-3184. Rides for those with disabilities or in need.
- **CAT Charlottesville Area Transport Bus System:** 970-3649. Free Transportation. (MicroCAT: 442-2466)
- **Medicaid Cabs:** Non-Emergency Medical Transportation Services.
- **Community Bikes Cville:** 260-0893. Free bikes for children and adults.
- **PATH:** 888-879-7379. Transportation helpline serving Region Ten. Call 8:30-5 pm Mon-Fri or leave a message. pathva.org.

SOCIAL SERVICES

- **Virginia Dept of Social Services:** Go online commonhelp.virginia.gov/ or call: 855-635-4370 to apply for benefits or 855-242-8282 to apply for Medicaid. For other needs, call 970-3400 (Charlottesville) or 972-4010 (Albemarle). Assistance applications can be filed online or in person: 120 7th Street NE 8:30am – 5:00pm

WOMEN'S & FAMILY HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 296-1000; 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more.
- **Whole Woman's Health:** 973-4888; 2321 Commonwealth. Abortion services, birth control, STD tests, emergency contraception, pregnancy tests, etc.
- **Blue Ridge Abortion Fund:** 963-0669. Funding for pregnant individuals who cannot afford abortions.
- **Donor Diapers:** 214-0345. Jefferson School City Center Loop, 233 4th St NW. Monthly diaper & wipe giveaways.
- **VA Sexual Assault and Family Violence Line:** Available 24/7: 800-838-8238. Referrals to local advocates.
- **Stepping Stone:** Supports children from under-resourced families. Requires referral. www.steppingstonecville.org/
- **VBQ5:** Find information on preschool education programs. earlychildhoodquality.doe.virginia.gov/
- **CHIP:** In-home support for families. Enroll online. childhealthpartnership.org/enrollormakeareferral
- **LifeSpring:** 618 Forest Street Unit C. 979-8888. Free pregnancy and STI tests, ultrasounds, parenting classes, and supplies for children 0-2. Does not provide abortions.

PHYSICAL HEALTH

- **Charlottesville-Albemarle Health Department:** 972-6269; 1138 Rose Hill Dr. Offering many in-person services by appointment. Free acupuncture clinic Tues at 5:30 (Call 960-8464). <https://www.vdh.virginia.gov/blue-ridge/>
- **Charlottesville Free Clinic:** 296-5525; 901 Preston Ave. 3rd floor. Non-emergency medical care & pharmacy for low-income households. Medical & Dental: Call.
- **Central Virginia Health Services** (Neighborhood Family Health): 227-5624; 1101 East Jefferson St, Suite 1. Comprehensive medical/behavioral health & pharmacy. Schedule appointments at <https://www.cvhsinc.org/>
- **Visionworks:** 293-3225, Barracks Shopping Center. Free eye exams for patients with Medicaid.
- **MyEyeDr:** 973-5361, 441 Westfield Rd. This location only: free eye exams with any Virginia Medicaid.
- **Sentara Martha Jefferson Community Health and Outreach Center:** 316-1860; 920 East High St. Suite 103 Offers free support services 9am-4pm.
- **UVA Latino Health Initiative:** 272-5910. Provides services and programs for Latinx community members.
- **Pathways to Cancer Screening:** 924-8836. Free program for early cancer detection and prevention.