

Region Ten Community Services Board

Board Meeting Minutes

December 10, 2024 4:00 PM

500-B Old Lynchburg Rd

Charlottesville, VA

Members Present

Dave Opper, Vice-Chair

Wendy Mitchem

Austin Baker

Joseph Szakos

Dr. Joseph Mason

Dr. Barry Blumenthal

Alex Stott

Francesca Diggs

Members Absent

Barbara Barrett, Chair

Steve Wunsh

Patti Heggie, Secretary

Peggy Whitehead

Mary Katherine King

Others Present

Dr. Lisa Beitz, Executive Director

Kathy Williams, Deputy Executive Director

Rachel Blakey, Administrative Services Project
Coordinator

Kelly Crickenberger, Fiscal Director, Accounting

Marny Bentley, Senior Director of Clinical
Operations

Jane Pudhorodsky, IMPACT

Diane Espinoza, Church of the Incarnation;
IMPACT

Chuck Gross, Public

Michele Gibson, IMPACT

Pam Grobmyer, Church of the Incarnation;
IMPACT

Rev. Susan Karlson, IMPACT

Bridget Davis, IMPACT

Mer McLernon, IMPACT

Sylvia Garvey, IMPACT

Gordon Berne, IMPACT

Helene Freiman, IMPACT

I. Call to Order

The meeting was called to order at 4pm.

II. Welcome

Mr. Opper welcomed everyone to the meeting.

III. Comments from the Public

Susan Carlson, reverend of Charlottesville Unitarian Universalist and copresident of IMPACT, expressed thanks for the momentum for the Women's Center and the work that has been done. She also spoke of how Region Ten can speak to community needs and encouraged continued progress.

Chuck Gross, a court appointed special advocate who often interacts with Region Ten consumers, thanked the Board and discussed the drug treatment program and the affect it has on the consumer's family.

Diane Espinoza, a parishioner at Church of the Incarnation and member of IMPACT, recollected the impact of drug abuse on her family and how important the Women's Center is and will be to the Region Ten catchment area.

Janie Pudhorodsky of IMPACT conveyed her appreciation of the January soft opening of the Women's Center. She also expressed questions and concerns regarding progress and number of staff to fully open.

IV. Chair's Remarks

Mr. Opper thanked the public for attending the meeting. He also expressed that Ms. Barrett had successful back surgery and passes on her greetings. The Vice-Chair stated the Board wanted to recognize and thank Dr. Beitz for her leadership this year and she was presented with a token of their appreciation. The Vice-Chair moved to go ahead to the Budget 101 presentation by Kelly Crickenberger followed by the Strategic Plan update by Marny Bentley.

V. Executive Director's Remarks**VI. Consent Agenda**

Mr. Opper asked for approval of the consent agenda. Dr. Mason moved to approve the consent agenda. Ms. Diggs seconded the motion and the motion was unanimously approved.

VII. Other Business

A Budget 101 information session was presented by Kelly Crickenberger. The Board received a packet containing information regarding Region Ten's balance sheet, projected budget for Fiscal Year 25, as well as an overview and refresher regarding the financial details that are sent out in the monthly Board of Director's packet.

Marny Bentley presented the Strategic Plan update. The last plan was completed in 2019 and provided framework. Mr. Stott requested that the Board be supplied with the list of tasks that have not been completed as according to the goals of the strategic plan.

The Bylaws Committee will give a presentation in January to the Board.

VIII. Adjournment

Dr. Blumenthal motioned to adjourn the meeting, seconded by Mr. Stott. The meeting was adjourned at 5:10pm.