

**Region Ten Community Services Board**

**Board Meeting Minutes**

**January 14, 2024 4:00 PM**

500-B Old Lynchburg Rd

Charlottesville, VA

**Members Present**

Barbara Barrett, Chair  
Dave Opper, Vice-Chair  
Patti Heggie, Secretary  
Wendy Mitchem  
Joseph Szakos  
Dr. Joseph Mason  
Dr. Barry Blumenthal  
Francesca Diggs  
Mary Katherine King  
Peggy Whitehead  
Steve Wunsh

**Members Absent**

Alex Stott  
Austin Baker

**Others Present**

Dr. Lisa Beitz, Executive Director  
Kathy Williams, Deputy Executive Director  
Rachel Blakey, Administrative Services Project  
Coordinator  
Deidre Creasy-Quirindoongo, Senior Director-  
Adult Rehabilitation Services  
Cassie Winfrey, Program Director- Adult  
Rehabilitation Services  
Sylvia Garvey, IMPACT  
Martha Donnelly, IMPACT  
Joanne McDaniel, IMPACT  
Mike McDaniel, IMPACT  
Carol E. Richart, IMPACT  
David Sandridge, IMPACT

**I. Call to Order**

Ms. Barrett called the meeting to order at 4:01pm.

**II. Welcome**

Ms. Barrett welcomed everyone to the meeting.

**III. Comments from the Public**

Mr. Sandridge expressed his excitement regarding the soft opening of the women's center in two weeks and is grateful for Region Ten's dedication. He stated that the public is eagerly anticipating full reopening with mother's and children. Mr. Sandridge included that IMPACT will help advocate and support Region Ten.

**IV. Chair's Remarks****V. Executive Director's Remarks****VI. Consent Agenda**

Ms. Barrett motioned to approve the consent agenda. Ms. Diggs seconded the motion. The vote was approved unanimously.

**VII. Other Business****Women's Center Presentation**

Ms. Winfrey and Ms. Creasy-Quirindoongo presented to the board regarding the opening of the Women's Center. Both Ms. Winfrey and Ms. Creasy-Quirindoongo gave a detailed account of what treatment in the Women's Center looks like for consumers, criteria for admission, and what is included in the center's soft opening.

**Legislative committee**

It was discussed for members to stay in contact with legislators, email or call them

Mr. Szakos motioned to contact delegates and senators regarding Region Ten and will convene in February to discuss how to make more connections. Ms. Diggs seconded the motion.

**Bylaws**

Mr. Opper discussed the papers for the bylaw packet. Work was needed to be done to reflect officer term limits, nomination, and succession. Region Ten bylaws were compared to 9 other CSBs regarding the aforementioned subjects. The Bylaws will be voted on at the next board meeting.

**VIII. Adjournment**

Mr. Opper moved to adjourn the meeting; Ms. Whitehead seconded the motion. The vote was unanimous.