

Region Ten Community Services Board

Board Meeting Minutes

March 11, 2025 4:00 PM

500-B Old Lynchburg Rd

Charlottesville, VA

Members Present

Barbara Barrett, Chair
Dave Opper, Vice-Chair
Wendy Mitchem
Joseph Szakos
Dr. Joseph Mason
Dr. Barry Blumenthal
Francesca Diggs
Mary Katherine King
Peggy Whitehead
Alex Stott

Members Absent

Patti Heggie, Secretary
Steve Wunsh
Austin Baker

Others Present

Dr. Lisa Beitz, Executive Director
Kathy Williams, Deputy Executive Director
Rachel Blakey, Administrative Services Project
Coordinator
Aisha Williams-Cusano, Senior Director of
Development Services
Zara Strickler, Director II for Adult DD Case
Management

I. Call to Order

Ms. Barrett called the meeting to order at 4pm.

II. Welcome

Ms. Barrett welcomed everyone to the meeting.

III. Comments from the Public

Ms. Pudhorodsky from Church of the Incarnation and IMPACT thanked Region Ten for soft-opening the Women's Center and urged to have it fully opened to include the children of women staying at the Women's Center. Ms. Pudhorodsky reminded the Board and present staff on the impact a full reopening will have on the families in the community.

IV. Chair's Remarks

Ms. Barrett asked if there was an update regarding contact with the legislators. Dr. Mason reported that there has been no feedback from Del. Callsen, as similarly found by Mr. Oppen. Mr. Szakos discussed an offer from Senator Deeds to meet with the Board or a small group this spring or summer. Dr. Beitz suggested a legislative meeting prior to the next Board meeting to discuss plans regarding this. It was also agreed that Board members will follow up with legislators in April and May once the General Assembly has concluded.

V. Executive Director's Remarks**VI. Consent Agenda**

Ms. Barrett asked if there was a motion to approve the consent agenda. Mr. Oppen motioned to approve the consent agenda and Mr. Stott seconded the motion. The vote was approved unanimously.

VII. Other Business**DID Waiver Presentation**

Ms. Strickler gave a presentation about waivers and explained both DD and ID waivers, waitlists, and the referral process. Ms. Strickler also answered questions from the Board regarding this process as well as DBHDS' involvement.

Bylaws

The discussed changes to the Region Ten Bylaws include reinstating the 3-year term limit, selecting a broad range of members for the nominating committee, and allowing the past chair to be a member of the executive committee. Ms. Whitehead motioned to approve these changes and the motion was seconded by Mr. Stott. The vote was unanimous.

Fundraising

Ms. Whitehead discussed the Power of Tens grant and how the application process and disbursement process are organized. Ms. Whitehead explained to the Board about the donation for the Louisa Counseling Center by The Perry Foundation for \$150,000, matching dollar for dollar by November 2025. There will also be flyers to hand out to build Region Ten's donor list and boost the endowment fund.

Closed session

Mr. Opper moved for the board to go into closed session to discuss a personnel matter.

After the closed session, Ms. King made a motion to renew the contract of the Executive Director; this was seconded by Ms. Diggs and met with a unanimous vote.

Mr. Opper took a moment to thank Dr. Beitz on behalf of the Board for all of her hard work and dedication to Region Ten.

VIII. Adjournment

Ms. Diggs moved to adjourn the meeting; Mr. Stott seconded the motion. The vote was unanimous.