

**Region Ten Community Services Board**

**Board Meeting Minutes**

**May 13, 2025 4:00 PM**

500-B Old Lynchburg Rd

Charlottesville, VA

**Members Present**

Barbara Barrett, Chair  
Dave Opper, Vice-Chair  
Patti Heggie, Secretary  
Joseph Szakos  
Dr. Joseph Mason  
Dr. Barry Blumenthal  
Francesca Diggs  
Mary Katherine King  
Alex Stott  
Steve Wunsh  
Peggy Whitehead

**Members Absent**

Austin Baker  
Wendy Mitchem

**Others Present**

Dr. Lisa Beitz, Executive Director  
Kathy Williams, Deputy Executive Director  
Rachel Blakey, Administrative Services Project  
Coordinator  
Marny Bentley, Senior Director of Clinical  
Operations  
Kelly Crickenberger, Fiscal Director, Accounting

**I. Call to Order**

Ms. Barrett called the meeting to order at 4:05pm

**II. Welcome**

Ms. Barrett welcomed everyone to the meeting.

**III. Comments from the Public**

Ms. Pudhorodsky from IMPACT spoke to the Board and expressed the want of hearing an update about the Women's Center. She spoke of the importance for the center to fully reopen for children to be able to come with their mothers.

**IV. Chair's Remarks**

Ms. Barrett invited Ms. Bentley to speak regarding the strategic plan and its updates thus far.

Ms. Bentley informed the board of the updates to the strategic plan and how the staff, stakeholder, and consumer surveys impacted the plan. Reaching more consumers, thorough and measurable aspects of the plan, and Region Ten's website were also discussed in regards to the strategic plan.

Dr. Beitz explained that the strategic plan will be edited based on the Board's feedback and will be presented again at the June board meeting.

**V. Executive Director's Remarks****VI. Consent Agenda**

Ms. Barrett asked if there was a motion for approval for the consent agenda. Ms. Heggie mentioned the need to amend the minutes for the previous month to indicate that she was present virtually. Ms. Blakey made note that the minutes will be edited to reflect this. Mr. Stott motioned for approval of the consent agenda and Ms. Whitehead seconded the motion. Approval was unanimous.

**VII. Other Business****Legislative**

There will be a meeting with Senator Creigh Deeds at 4pm on May 19<sup>th</sup>. The priorities to be discussed are Medicaid reductions, workforce development, and the value of certified community behavioral health clinics. Mr. Szakos also put together a page regarding how to contact legislators.

**Finance**

Dr. Blumenthal stated that the committee met to review the FY 26 budget. The committee recommended that the budget be adopted, to which there was unanimous approval from the Board.

**Fundraising**

The Fundraising Committee is planning to meet and will be reviewing the Power of Tens grants individually. The recommendation to approve the grants will take place at the June board meeting.

**Nominating Committee**

Mr. Wunsh thanked Ms. Whitehead and Dr. Blumenthal for serving on the committee with him. The nominations for the upcoming year are Mr. Opper for Chair, Mr. Stott for Vice Chair, and Ms. Diggs for Secretary. Ms. Barrett asked for nomination considerations from the floor; there were no nominations from the floor. Ms. Barrett asked for a motion to accept Mr. Opper for Chair. Mr. Szakos motioned to accept and Mr. Stott seconded; approval was unanimous. Ms. Barrett asked for a motion to accept Mr. Stott for Vice Chair. Mr. Szakos motioned to accept and Ms. Whitehead seconded; approval was unanimous. Ms. Barrett asked for a motion to accept Ms. Diggs for Secretary. Ms. Heggie motioned to accept and Ms. Whitehead seconded; approval was unanimous. Mr. Opper, Mr. Stott, and Ms. Diggs were elected as the Chair, Vice Chair, and Secretary for FY 26.

**Ad Hoc**

The Executive Committee met and decided that there needs to be an Ad Hoc committee to show respect, support, and appreciation of Region Ten staff. This committee will be co-chaired by Ms. Heggie and Ms. Diggs and also include Mr. Opper, Ms. Barrett, Ms. Whitehead and Mr. Wunsh with Dr. Beitz as the included staff member.

**Closed Session**

Ms. Barrett invited the board to go into closed session with Mr. Opper helping to facilitate; Region Ten staff present were invited to stay for the purpose of working on the Workplan of FY 26 and the board self-evaluation.

It is noted that while in closed session Ms. Heggie and Dr. Blumenthal were unable to stay for the remainder of the meeting and took their leave.

After coming out of closed session, each board member certified that they spoke regarding the Workplan and the board self-evaluation.

**VIII. Adjournment**

Ms. Barrett asked if there was a motion for adjournment. Ms. Whitehead motioned to adjourn and Mr. Stott seconded. The meeting was adjourned at 5:07pm.