

Region Ten Community Services Board

Board Meeting Minutes

July 8, 2025 4:00 PM

206 Elm Avenue

Louisa, VA

Members Present

Dave Opper, Chair
Alex Stott, Vice-Chair
Dr. Barry Blumenthal (virtually)
Dr. Joseph Mason
Mary Katherine King
Steve Wunsh
Patti Heggie
Joseph Szakos
Peggy Whitehead

Members Absent

Francesca Diggs, Secretary
Wendy Mitchem
Barbara Barrett

Others Present

Dr. Lisa Beitz, Executive Director
Kathy Williams, Deputy Executive Director
Rachel Blakey, Administrative Services Project
Coordinator
Richard (Charlie) Fawcett, Director Louisa
Counseling Center
Shannon Wright, Senior Director Rural Services

I. Call to Order

Mr. Opper called the meeting to order at 4:00pm

II. Welcome

Mr. Opper welcomed everyone to the meeting and introduced Director Charlie Fawcett. Mr. Fawcett then took the board members on a tour of the Louisa Counseling Clinic facility. Mr. Fawcett provided a PowerPoint detailing what Louisa Counseling Center offers the community. Dr. Beitz offered thanks to the staff of the Louisa Counseling Center.

III. Comments from the Public

IV. Chair's Remarks

Mr. Opper thanked the board for the opportunity to be chair and to serve in the role for the next year. He recognized Ms. Barrett for her service to Region

Ten, which has dated back to 2001, and how she has a passion for what she does, is devoted and caring, and has garnered immense respect from her colleagues at VACSB conferences.

Mr. Opper also brought to the board's attention that Austin Baker is no longer living in Fluvanna, therefore not representing Fluvanna any longer. He touched base on the committee matrix in the board packet for FY26 and discussed the need for the Legislative Committee to meet in the next 3-4 weeks to discuss plans for FY26.

V. Executive Director's Remarks**VI. Consent Agenda**

Mr. Opper asked if there was motion to accept the consent agenda. Ms. King made a motion to accept the consent agenda and Dr. Mason seconded. The approval was unanimous.

VII. Other Business**Ad Hoc Committee**

Ms. Heggie discussed the framework for staff appreciation seasonal recognition four times a fiscal year, in September, December, March, and June. The goal is to create something thoughtful and meaningful that is easy to deliver to 600 staff. Ms. Heggie reported that Ms. Diggs thought of apple cider mix for September and in December a festive appreciation letter will be distributed via email. Ideas for March and June will be finalized in January.

Miscellaneous

The next board meeting will take place in September.

VIII. Adjournment

Mr. Opper asked if there was a motion for adjournment. Mr. Wunsh motioned for adjournment, seconded by Ms. King. All were in favor and the meeting adjourned at 5:19pm.