

**Region Ten Community Services Board**

**Board Meeting Minutes**

**July 8, 2025 4:00 PM**

206 Elm Avenue

Louisa, VA

**Members Present**

Dave Oppen, Chair

Alex Stott, Vice-Chair

Dr. Barry Blumenthal (virtually)

Dr. Joseph Mason

Mary Katherine King

Steve Wunsch

Patti Heggie

Joseph Szakos

Peggy Whitehead

**Members Absent**

Francesca Diggs, Secretary

Wendy Mitchem

Barbara Barrett

**Others Present**

Dr. Lisa Beitz, Executive Director

Kathy Williams, Deputy Executive Director

Rachel Blakey, Administrative Services Project  
Coordinator

Richard (Charlie) Fawcett, Director Louisa

Counseling Center

Shannon Wright, Senior Director Rural Services

**I. Call to Order**

Mr. Oppen called the meeting to order at 4:00pm

**II. Welcome**

Mr. Oppen welcomed everyone to the meeting and introduced Director Charlie Fawcett. Mr. Fawcett then took the board members on a tour of the Louisa Counseling Clinic facility. Mr. Fawcett provided a PowerPoint detailing what Louisa Counseling Center offers the community. Dr. Beitz offered thanks to the staff of the Louisa Counseling Center.

**III. Comments from the Public**

**IV. Chair's Remarks**

Mr. Oppen thanked the board for the opportunity to be chair and to serve in the role for the next year. He recognized Ms. Barrett for her service to Region

Ten, which has dated back to 2001, and how she has a passion for what she does, is devoted and caring, and has garnered immense respect from her colleagues at VACSB conferences.

Mr. Opper also brought to the board's attention that Austin Baker is no longer living in Fluvanna, therefore not representing Fluvanna any longer. He touched base on the committee matrix in the board packet for FY26 and discussed the need for the Legislative Committee to meet in the next 3-4 weeks to discuss plans for FY26.

**V. Executive Director's Remarks**

**VI. Consent Agenda**

Mr. Opper asked if there was motion to accept the consent agenda. Ms. King made a motion to accept the consent agenda and Dr. Mason seconded. The approval was unanimous.

**VII. Other Business**

**Ad Hoc Committee**

Ms. Heggie discussed the framework for staff appreciation seasonal recognition four times a fiscal year, in September, December, March, and June. The goal is to create something thoughtful and meaningful that is easy to deliver to 600 staff. Ms. Heggie reported that Ms. Diggs thought of apple cider mix for September and in December a festive appreciation letter will be distributed via email. Ideas for March and June will be finalized in January.

**Miscellaneous**

The next board meeting will take place in September.

**VIII. Adjournment**

Mr. Opper asked if there was a motion for adjournment. Mr. Wunsh motioned for adjournment, seconded by Ms. King. All were in favor and the meeting adjourned at 5:19pm.