

Region Ten Community Services Board

Board Meeting Minutes

October 14, 2025 4:00 PM

500-B

Old Lynchburg Rd

Charlottesville, VA

Members Present

Dave Oppen, Chair

Alex Stott, Vice-Chair

Francesca Diggs, Secretary

Dr. Barry Blumenthal

Peggy Whitehead

Dr. David C. Harlow

Mary Katherine King

Barbara Barrett

Steve Wunsh

JoAnn Robertson

Members Absent

Wendy Mitchem

Patti Heggie

Joseph Szakos

Others Present

Dr. Lisa Beitz, Executive Director

Kathy Williams, Deputy Executive Director

Rachel Blakey, Administrative Services Project
Coordinator

Kelly Crickenberger, Fiscal Director,
Accounting

I. Call to Order

Mr. Oppen called the meeting to order at 4:03pm

II. Welcome

III. Comments from the Public

IV. Chair's Remarks

Mr. Oppen highlighted some items from the VACSB conference in Roanoke.

Mr. Oppen also informed the Board that Dr. Joseph Mason was not selected for another term to represent Albemarle. He wanted to pay respect for Dr. Mason and thank him for his contribution to the board, as he and his contribution to the Board will be missed.

V. Annual Finance/Budget; Report updates

Ms. Crickenberger introduced herself and went into detail about what a budget is and how it is developed. She detailed the types of accounts Region Ten has and the types of revenue. An example of this are the Inc and Pine Ridge accounts—INC is 501C and Pine Ridge is a HUD (Housing Urban Development) group home owned in Louisa County; all have to be broken apart when given reports. The Finance Committee has its meetings planned for the fiscal year.

Ms. Crickenberger then went through the reports for July and August. She also let the Board know that auditors will be in next month to present.

VI. Executive Director's Remarks

VII. Consent Agenda

Mr. Opper asked if there was motion to accept the consent agenda. Mr. Wunsh made a motion to accept the consent agenda and Ms. King seconded. The approval was unanimous.

VIII. Other Business

Ad Hoc Committee

Staff Appreciation

Ms. Diggs asked board members to wear festive garb at the November meeting, with hats provided, for a holiday picture to accompany the December board thank you letter to staff.

Executive Committee

Mr. Opper announced that the Executive Committee is adopting a new routine to critique the prior board meeting to see where improvements can be made. If members feel they need to have a topic discussed, it is important to get it to the Executive Committee to go on the Agenda. The committee will then review the Agenda for upcoming meeting.

Fundraising Committee

Ms. Whitehead discussed the Power of Tens and the Fundraising Committee looking into small grant applications to use less endowment money. She also discussed endowment in general and how to raise funds, including the addition to annual appeal for the donor list. Ms. Whitehead said that she had sent a list of people from the Charlottesville area to Ms. Jennings who may be helpful to add as donors. Ms. Jennings also shared news with the Fundraising Committee that the Perry Foundation Grant was met and they are on track to meet the goal for end of year. Ms. Whitehead explained to the Board that they are also looking towards board members to provide potential donors to be added to the list.

Ms. King added that it is also important to like and share Region ten posts on social media to get the word out via Facebook, Instagram, and LinkedIn.

Bylaws

Mr. Stott discussed the Bylaws Committee adding Zoom meeting language to Bylaws and reworking the Executive Committee. He also said to let Mr. Opper know if there was interest in becoming a member of the Bylaws committee.

Legislative Committee

Mr. Opper stated that there had been good progress made with legislative meetings being scheduled prior to the 2026 General Assembly Session. The key items Region Ten is focused on include a CCBHC model for Virginia and Medicaid reduction. Region Ten is also partnering with NAMI to bring a personal perspective to the legislative meetings.

Miscellaneous

Ms. Robertson brought to the Board's attention that the 10th Annual SPARC of Hope 5k Run/Walk will take place in Louisa on October 18th at 8am, SPARC standing for the Suicide Prevention Awareness Resource Counsel. She shared that this event is important to her and offered to walk with anyone interested in joining her.

IX. Adjournment

Mr. Opper asked if there was a motion for adjournment. Ms. Barrett motioned for adjournment, seconded by Ms. King. All were in favor and the meeting adjourned at 5:12pm.