

POSITION TITLE: Case Manager/State Hospital Liaison

<b>CENTER:</b>	Adult Rehabilitation Services	<b>DEPARTMENT:</b>	Adult Mental Health Case Management		
<b>LOCATION:</b>	800 Preston Ave. Charlottesville, VA 22903				
<b>FSLA STATUS:</b>	Non-exempt	<b>INCLEMENT STATUS:</b>	Non-Essential		
<b>GRADE:</b>	9	<b>SCHEDULE:</b>	Full-time	<b>GROUP:</b>	30

GENERAL STATEMENT OF RESPONSIBILITIES:

This is a professional level FLSA non-exempt position. The Case Manager/State Hospital Liaison has the responsibility for providing case management services to individual's ages 18 and older with a primary diagnosis of serious mental illness, and current admitted to a state psychiatric hospital. This includes assessing service needs; developing plans for access to services; liaison with client, families, programs, and service providers; ongoing monitoring or client service needs; advocacy; and consultation and education to clients, families and community.

The Case Manager reports to the Program Director and is expected to function with initiative and independent judgment, based on application of standard practices and with guidance from the supervisor. In carrying out position duties, he/she performs in accordance with applicable professional ethics and established Region Ten policies.

MAJOR DUTIES:

The essential functions of this job are starred below (\*) under "Major duties."

1. \*Enhancing community integration through increased opportunities for community access and involvement and creating opportunities to enhance community living skills to promote community adjustment including, to the maximum extent possible, the use of local community resources available to the general public.
2. \*Making collateral contacts with the individual's significant others with properly authorized releases to promote implementation of the individual's safety and support plan.
3. \*Assessing needs and planning services to include developing a case management individualized safety and support service plan (ISSP).
4. \*Linking the individual to those community supports that are likely to promote the personal rehabilitative and life goals of the individual as developed in the individualized safety and support service plan.
5. \*Assisting the individual directly to locate, develop or obtain needed services, resources and appropriate public benefits.
6. \*Assuring the coordination of services and service planning within a provider agency, with other providers and with other human service agencies and systems, such as local health and social services departments.
7. \*Monitoring service delivery through contacts with individuals receiving services, service providers and periodic site and home visits to assess the quality of care and satisfaction of the individual.
8. \*Provide follow up instruction, education and counseling to guide the individual and develop a supportive relationship that promotes the individualized services plan.
9. \*Advocating for individuals in response to their changing needs, based on changes in the plan.
10. \*Developing a crisis plan for an individual that includes the individual's preferences regarding treatment in an emergency situation.
11. \*Planning for transitions in individuals' lives.
12. \*Knowing and monitoring the individual's health status, any medical conditions, and his medications and potential side effects, and assisting the individual in accessing primary care.
13. \*Maintain complete and current consumer records and other required reports, service reporting and documentation in compliance with agency, state and federal standards.
14. \*Reads all agency communication (i.e., Ten, Region Ten's Newsletter, e-mail, etc.)
15. \*Other duties as assigned by the supervisor in keeping with the general requirements of the position.
16. \*Valid Driver's License and own transportation which is safe and can be used for work related travel.
17. \*Able to perform CPR and First Aid when a situation requires these activities.

## QUALIFICATIONS:

The incumbent needs to meet the following requirements and possess knowledge of the KSAs.

### EDUCATION:

- Bachelor's degree in human services field and one year's related work experience required.

### EXPERIENCE:

- 1 year of experience working with adults diagnosed with coexisting mental health and substance-use disorders is preferred.

### CERTIFICATION/LICENSE:

- To ensure the safe and efficient operation of the program, a valid Virginia Driver's License plus an acceptable driving record as issued by the Department of Motor Vehicles are required. For business use of a personal car, a certificate of valid personal automobile insurance must be provided.

## KSAS

### Knowledge of:

- Services and systems available in the community including primary health care, support services, eligibility criteria, intake processes, and generic community resources.
- The nature of serious mental illness, intellectual disability and/or substance abuse depending on the population served, including clinical and developmental issues.
- Treatment modalities and intervention techniques, such as behavior management, independent living skills training, supportive counseling, family education, crisis intervention, discharge planning, and service coordination.
- Different types of assessments, including functional assessment, and their uses in service planning.
- Consumers' rights.
- Local community resources and service delivery systems, including support services (e.g., housing, financial, social welfare, dental, educational, transportation, communications, recreation, vocational, legal/advocacy), eligibility criteria and intake processes, termination criteria and procedures, and generic community resources (e.g., churches, clubs, self-help groups).
- Effective oral, written and interpersonal communication principles and techniques.
- General principles of record documentation.
- The service planning process including, but not limited to, the Recovery and Person-Centered Planning models, as well as the major components of a safety and support service plan.

### Skills in:

- Interviewing.
- Negotiating with consumers and service providers.
- Observing, recording and reporting on an individual's functioning.
- Identifying and documenting a consumer's needs for resources, services, and other supports.
- Using information from assessments, evaluations, observation and interviews to develop service plans.
- Identifying services within community and established service system to meet the individual's needs.
- Promote goal attainment.
- Coordinating the provision of services by diverse public and private providers.
- Identifying community resources and organizations and coordinating resources and activities.
- Using assessment tools (e.g., level of function scale, life profile scale).

### Abilities to:

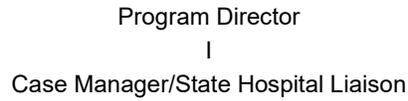
- Be persistent and remain objective.
- Work as a team member, maintaining effective inter and intra-agency working relationships.
- Demonstrate a positive regard for consumers and their families (e.g., treating consumers as individuals, allowing risk-taking, respecting consumers' and families' privacy, and believing consumers are valuable members of society).
- Work independently performing position duties under general supervision.
- Communicate effectively, verbally, and in writing.
- Establish and maintain ongoing supportive relationships.



innovative services for mental health, developmental disabilities and substance use disorders

a better life, a better community

POSITION ORGANIZATION CHART:



I have reviewed this job description and acknowledge the duties as well as the included KSA (knowledge, skills, abilities). I also understand the performance standards as they apply to this position.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Name Printed

\_\_\_\_\_  
Date

Position Description updated: January 15, 2026