

# regionten

presents

## COMMUNITY RESILIENCE WORKSHOP WITH RICK GRIFFIN

APRIL 16<sup>th</sup> | 9:00 AM & 1:00 PM

Trauma-informed practice has helped many organizations rethink how they support people, and understanding the brain adds another layer to that work. In this overview session, Neuro Leadership Academy founder, Rick Griffin, introduces key brain mechanisms that shape how people interpret safety, connection, and stress. Participants will explore how this perspective can strengthen trauma-informed approaches and provide practical insight for anyone working with individuals, families, and communities.



**RICK GRIFFIN**

COMMUNITY RESILIENCE INITIATIVE



**DATE: THURSDAY APRIL 16**

**COST: FREE TO THE COMMUNITY**

**REGISTRATION IS REQUIRED**



*TWO SESSION CHOICES (SAME CONTENT)*

**9:00 - 11:00 AM OR 1:00 - 3:00 PM**



*LOCATION*

**110 AVON STREET**

**1<sup>ST</sup> FLOOR CONFERENCE CENTER**

Registration is **REQUIRED** through Region Ten's Learning Academy. Set up your Learning Academy account [HERE](#) and choose which session (9:00 AM or 1:00 PM) you would like to enroll in. You may also register by using this QR code →



**Questions?**

Email [Joanna.Jennings@regionten.org](mailto:Joanna.Jennings@regionten.org) or call 434-270-1767