

Region Ten Community Services Board

Board Meeting Minutes

Regular Board Meeting

March 10, 2026 4:00 PM

500-B

Old Lynchburg Rd

Charlottesville, VA

Members Present

Dave Oppen, Chair

Francesca Diggs, Secretary

Wendy Mitchem

Steve Wunsch

Patti Heggie

Peggy Whitehead

Joseph Szakos

Dr. David C. Harlow

JoAnn Robertson

Dr. Barry Blumenthal

Mary Katherine King

Members Absent

Alex Stott, Vice-Chair

James Culmer

Barbara Barrett

Others Present

Dr. Lisa Beitz, Executive Director

Kathy Williams, Deputy Executive Director

Rachel Blakey, Administrative Services Project
Coordinator

I. Call to Order

Mr. Oppen called the meeting to order at 4:00pm.

II. Welcome

Mr. Oppen welcomed the Board and Region Ten Staff as well as the member from the public.

III. Comments from the Public

Dr. Courtney Anderson, behavioral health specialist ECC—behavioral health grant.

IV. Chair's Remarks

Mr. Oppen reminded the Board that the April meeting will take place in Nelson County.

Mr. Opper reintroduced Mr. Culmer to the Board.

Mr. Opper discussed edits to the Board Chair Checklist.

V. Executive Director's Remarks

Dr. Beitz reviewed the Executive Director's Report in detail with the Board.

VI. Committee Reports

Executive Committee

The Executive Committee report was presented by Mr. Opper.

Legislative Committee

The Legislative Committee report was presented by Mr. Opper.

VII. Other Business

VIII. Closed Session

Mr. Wunsh made a motion to go into closed session, seconded by Ms. Diggs. All board members were in favor and the Board went into closed session.

The Board came out of closed session and all certified the only discussion was around the personnel matter.

Ms. King motion move forward with extending Dr. Beitz's contract and Mr. Wunsh seconded. 12 voted yes and 1 sustained.

IX. Consent Agenda

Mr. Opper asked if there was motion to accept the consent agenda. Mr. Wunsh made a motion to accept the consent agenda and Dr. Harlow seconded. The approval was unanimous.

X. Adjournment

Mr. Opper asked if there was a motion for adjournment. Dr. Harlow motioned for adjournment, seconded by Ms. Diggs. All were in favor and the meeting adjourned at 5:41pm.