

Region Ten Community Services Board

Board Meeting Minutes

Regular Board Meeting

September 8, 2026 4:00 PM

Greene Counseling Center

9963 Spotswood Trail

Stanardsville, VA 22973

Members Present

Dave Oppen, Chair

Francesca Diggs, Vice-Chair

Wendy Mitchem, Secretary

Joseph Szakos

JoAnn Robertson

Patti Heggie

Dr. Emily Warren

James Culmer

Dr. Barry Blumenthal

Members Absent

Dr. Lisa Hardy

Peggy Whitehead

Mary Katherine King

Others Present

Dr. Lisa Beitz, Executive Director

Kathy Williams, Deputy Executive Director

Rachel Blakey, Administrative Services Project
Coordinator

Marny Bentley, Senior Director of Clinical
Operations

Shannon Wright, Senior Director of Rural
Services

I. Call to Order

Mr. Oppen called the meeting to order at 4:00pm.

II. Welcome

Mr. Oppen welcomed the Board and Region Ten Staff.

III. Comments from the Public

IV. Chair's Remarks

Mr. Oppert let the Board know that David Harlow is no longer representing Fluvanna County on the Board.

V. Greene Counseling Center Tour and Presentation

Ms. Wright gave the Board a tour of the facility and presented information regarding the programs the Greene County extension of Region Ten offers the community.

VI. Consumer Advisory Council

Ms. Bentley discussed the steps of the process to create a Consumer Advisory Council.

VII. Executive Director's Remarks

Dr. Beitz reviewed the Executive Director's Report in detail with the Board.

VIII. Committee Reports

Executive Committee

Mr. Oppert presented the Executive Committee report to the Board.

Legislative Advocacy Committee

Mr. Oppert presented the Legislative Advocacy Committee report to the Board and discussed the meeting with the Charlottesville Legislators.

IX. Other Business

X. Action Items to Vote on

Mr. Oppert asked if there was motion to accept the consent agenda. Dr. Blumenthal made a motion to accept the consent agenda and seconded by Mr. Culmer. The approval was unanimous.

XI. Adjournment

Mr. Oppert asked if there was a motion for adjournment.

Ms. Heggie made a motion to adjourn, seconded by Ms. Diggs. All were in favor and the meeting adjourned at 5:38pm.